

Rochester School District
Secondary Schools Space Study

June 2012
Comprehensive Report

APPENDIX B

- Life Safety and Fire Protection Report
for Rochester Community Center -
Robert Cummings and Associates
- Energy Benchmarking Reports
New Hampshire EnergySmart Schools

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Basis of Design Fire Protection and Life Safety Report For Rochester Community Building 150 Wakefield Street Rochester, New Hampshire

This report provides an evaluation of the existing building identified as the Rochester Community Center. The building is located at 150 Wakefield Street in Rochester, New Hampshire.

Should you have any questions with respect to this fire and life safety report, please contact Bob Cummings at (603) 496-3933 or via email at bobcfpe@comcast.net.

Section 1 – Standards/Codes Used in the Evaluation – Basis For Review

- a) State of NH Building Code – IBC 2009 as adopted by State of NH
- b) State Fire Codes – SAF-C6000
 - NFPA 1 Uniform Fire Code, 2009
 - NFA 101 Life Safety Code, 2009
 - NFPA 13 Sprinkler Code, 2010
 - NFPA 72 Fire Alarm Code, 2010

Section 2 – Building Description - Occupancy

The existing building is a two story structure with no basement or attic. The building opens to grade at the first floor on all sides of the building. The second floor is accessed through the eight stairs. Four of the stairs discharge direct to the outside and the other four discharge through the first floor interior corridor system.

There are numerous organizations housed in the building ranging from businesses, storage, education, and assembly uses. The tenants in the building include:

School Dept
City Maintenance Shops
Strafford County Head Start

Business B
Storage S-1 and/or Business B
Education E

Hope School	Education E
Strafford Reg Planning	Business B
Senior Center	Assembly A-3
Community Room	Assembly A-3
Food Pantry	Storage S-1
Clothes Pantry	Storage S-1 and Mercantile M
Gymnasium	Education E and or Assembly A-3
Locker Rooms	Education E
Rec Department Offices	Business B
Karate	Business and or Assembly A-3
Sole City Dance	Business and or Assembly A-3
Health & Human Services	Business B
Admin Offices	Business B
Bud Carlson Alt School	Education E
Toy Bank	Storage S-1
Record Storage	Storage S-1

The occupancy of this building is classified as Mixed Use to include B, S-1, A-3, E, and M (IBC 2009 chapter 3 and section 508 and NFPA 101-2003 chapter 6. These uses for the most part are not separated by fire resistance rated construction.

Section 2 – Building Description – Construction Type

The existing construction for the building is mixed steel, concrete, and wood. The majority of the building construction is steel and concrete frame with concrete floor system. The steel frame is unprotected. The interior partitions in the building vary from concrete block to metal stud and wood stud with gypsum wall board.

The wood framing within the building requires the structure to be classified as a Type V (wood/combustible framing) building even though the majority is noncombustible framing. To be classified as Type II construction (noncombustible framing) the wood framing would need to be removed and replaced with noncombustible framing systems.

Section 2 – Building Description – Building Height

The existing building is 2 stories in height. The allowable height for the building is two stories. (IBC 2009 Table and section 503 as modified by State of NH).

Section 2 – Building Description – Building Area

The existing building has a footprint of approximately 102,000 square feet on the on the first floor and a slightly smaller second floor at 92,000 square feet. The building is a mixed use facility including A-3, B, M, and E. The most stringent of these uses with respect to height and area is A-3.

The allowable single floor area for an A-3 Assembly Use Building constructed using Type 2B materials is 8,400 square feet. This area can be increased by 2% for each percent of the building perimeter that is open for a distance of 30 feet or more in excess of 25%. The entire building perimeter meets this criterion – which is 100% of the building perimeter allowing for an increase of 150% in allowable area, 12,600 square feet. This results in an allowable area of 21,000 square feet. (IBC 2009 Table 503 and section 506 as modified by State of NH).

Also note should automatic sprinklers be installed the allowable area can be increased by 200% for 1 and 2 story buildings. This would result in an allowable area for the building of 37,800 square feet.

Section 3 – Egress System

The information provided in this section is based on egress criteria as stated in NFPA 101-2009 chapter 7 (exits in general), chapter 13 (specific to Assembly spaces), chapter (specific to business spaces), and chapter (specific to education spaces).

There are eight exit stairs that serve the second floor spaces. The individual tenant spaces do not have access to all eight stairs. Three exit stairs are located off of the common central hallway allowing access from all tenant spaces. One exit stair is accessible for the Bud Carlson Alternative School only. One exit stair is accessible for the Health and Human Services Space only. One exit stair is accessible for the Rochester Arts and the Health & Human Services Space. One exit stair is accessible for the Karate School Space only.

The main corridors in the building are 12 feet wide. Accessory corridors range in width from 7 feet down to 3 feet 6 inches in width. There are dead end conditions up to 120 feet in length and common path of travel conditions up to 100 feet in length.

There are four double doors the swing in the direction of egress. Two at each end of the common central hallway at the first floor that open direct to the outside. Most all of the tenant spaces have additional exit doors that lead direct to the outside from within the tenant space.

Section 4 – Fire Protection Systems – Fire Alarm System

There is an existing fire alarm system in the building. The system includes area heat detectors, smoke detectors, and manual pull stations. The panel is located in the in the main boiler/mechanical room on the first floor of the building. An annunciator is located outside the building. A remote annunciator panel is located at the main

entrance leading to the lobby area outside the gymnasium. A knox box is located at this same front entrance.

The panel was in trouble at the time of my inspection. It is my understanding that the panel has been in trouble for sometime without resolution. The problem is in the communication circuit.

There are a number of areas in the building that do not have notification coverage and/or detection.

Section 4 – Fire Protection Systems – Fire Suppression Systems

There are existing portable extinguishers located on the first and second floor of the building. The extinguishers are ABC type extinguishers with a 15 pound weight. The extinguishers have tags indicating that they were inspected last in.

There are no existing fire suppression systems in the building. The size of this building and the mixed use requires the installation of automatic sprinklers throughout the building. Also educational facilities that have classrooms that do not have an exit door that leads direct to the outside requires automatic sprinkler system throughout the building. The assembly and mercantile spaces require sprinkler coverage throughout the building. The lack of valid fire resistance rated separation between each tenant and separation to the egress corridors requires automatic sprinkler system coverage throughout the building. A new water supply will need to be brought into the building from the street to serve the sprinkler system.

There are two separate kitchens located in the building. The kitchen in the senior center has an exhaust hood but does not have a fire suppression system. The kitchen in the Head Start tenant space does not have proper exhaust and does not have a fire suppression system. A commercial kitchen would require compliance with NFPA 96 for the appliances, exhaust hood, and duct work as well as a special wet chemical fire suppression system.

Section 5 – Major Building Deficiencies

The building exceeds the allowable area for the uses that are in the building. The building is not currently protected by sprinklers which allows for a 200% increase in the allowable area which still does not bring the building area into compliance. Fire resistance barriers constructed to divide each use would allow the building to be in compliance using section 508.2.4 and 508.4 of the 2009 Building Code. The maximum allowable area for each use and the required separations are listed in the chart below:

<u>Use Group</u>	<u>Allowable Area</u>	<u>Fire Resistance Separation</u>
A-3	37,800 sq.ft.	1 Hour
B	64,800 sq.ft.	1 Hour
E	64,800 sq.ft.	1 Hour
M	43,200 sq.ft.	1 Hour
S-1	8,400 sq.ft.	1 Hour

The multiple education facilities in the building have classrooms that do not have exits that open direct to the outside which requires the building to have automatic sprinkler protection throughout (15.2.5.4). Also installation of automatic sprinklers throughout the building eliminates the requirement for egress windows from each classroom (NFPA 101 section 15.2.11).

There is a 120 feet long dead end condition on the second floor outside the Sole City Dance area. This corridor provides a second means of egress from the Karate space and is the main entrance to the Sole City Dance space. This area needs to be reconfigured to eliminate the dead end condition (the maximum allowed by the life safety code NFPA 101 is 20 to 50 feet depending on the use group). One option would be to reopen the balcony level above the gymnasium that leads to another exit stair (front entrance to the Karate Space). An egress gate or door that is normally locked and opens upon fire alarm evacuation signal maybe an option if security is a concern.

The fire alarm panel is in trouble. Contact service company to clear/repair trouble condition so that the panel is clear and fully operational.

The location of the security gate used to limit access in the building during evening events in the gymnasium creates a dead end condition. The planned use of the building should be reviewed and the location of the gate installed accordingly so that the common path of travel is limited to 50 feet or less (this distance can be increased to 100 feet with the installation of automatic sprinklers).

Section 6 – Deficiencies by Tenant Space

School Dept - Business B – First Floor Space
No deficiencies

School Maintenance Shops - Storage S-1 and/or Business B

1. There is open storage of flammable and combustible liquids in this area. Provide approved/listed flammable/combustible liquids cabinet sized to accommodate the liquids to meet Code.
2. Smoke/Heat detectors located in the vehicle bays are mounted on the bottom of the ceiling joists in this area. This condition will delay

the operation of the detector. Relocate detectors so that they are mounted on the underside of the roof deck or the underside of the top chord of the ceiling joist.

City Maintenance Shops - Storage S-1 and/or Business B

3. Smoke/Heat detectors located in the vehicle bays are mounted on the bottom of the ceiling joists in this area. This condition will delay the operation of the detector. Relocate detectors so that they are mounted on the underside of the roof deck or the underside of the top chord of the ceiling joist.

Strafford County Head Start - Education E

4. The corridors in this space are 36 to 46 inches in width. The code (NFPA 101 section 15.2.3.2) requires 72 inch wide corridors. Reconfigure space to have 72 inch wide corridors.
5. Add strobe only notification appliances to the conference room, video/lecture room and bathrooms.
6. The kitchen is not separated from the classroom by 1 hour construction. Reinstall 1 hour fire resistance rated doors with automatic closers and positive latching mechanisms in the existing door openings.
7. Storage cabinets and rolling carts used for food distribution and storage of plates, utilities, and other food supplies are located in the back corner of the common hallway. These carts and storage cabinets reduce the useable corridor width to well below the 72" required width. These cabinets and carts should not be located in the common hallway – I recommend a separate room or closet be allocated for this equipment.
8. Ensure that all exits, alarms and pull stations are not blocked by room displays or furniture and are kept clear at all times.
9. Change out paper exit signs to proper exit signs with adequate emergency lighting.
10. Rear exit doors have standard round knobs for hardware. This hardware should be changed to either panic hardware or at a minimum lever type hardware to meet accessibility requirements.

Community Room – Assembly A-3

No deficiencies – This room should be posted for maximum occupancy 960 people based upon the 6 32" wide exit doors.

Hope School - Education E

11. Add strobe only appliances to the rooms that do have notification appliances.

12. The main corridor into the space is 58" wide. The Code requires all education hallways to be 72" in width. Reconfigure space to provide 72" corridor.

Senior Center - Assembly A-3

13. The Cooking/Kitchen area is required to have a fire suppression system for the kitchen equipment. Add wet chemical suppression system for the kitchen equipment.
14. The main entrance/exit door for the Senior Center is 51" wide. The maximum allowable exit door width is 48". I recommend that a standard 36" wide door be installed in place of the existing door or a set of double doors be installed if the additional width is needed for other reasons.
15. The interior hallway leading from the Senior Center back into the building and main corridor is partially blocked by the chairs located in the hallway. This corridor serves as an exit access from education spaces and is required to have a 72" width. The chairs reduce the hallway width to 55". Remove the chairs from this hallway.

Strafford Reg Planning - Business B

16. There are no existing notification appliances in this space. Add speaker/strobe to this space. Individual conference/meeting rooms and bathrooms shall have strobe only appliances added.

Food Pantry - Storage S-1

No deficiencies this area

Clothes Pantry - Storage S-1 and Mercantile M

17. Add notification appliance speaker/strobe to this space.

Gymnasium - Education E and or Assembly A-3

18. The exit signs in this space are different colors and not all doors have exit signs. Add signs at doors that do not have signs and change out signs so that all are the same color.
19. This room should be posted for maximum occupant load. 3,840 people based upon the exit doors from the space.

Locker Rooms - Education E

20. The hardware for the exit doors is damaged and needs to be replaced or repaired so that both the front and rear exit doors are operable.

Recreation Department Offices – First Floor - Business B

21. The office space has glass windows that open to the common lobby. This wall is required to have a 1 hour fire resistance rating. Infill glass windows or provide fire shutters that close automatically upon activation of the fire alarm.
22. Add strobe only appliances to the conference rooms located behind the offices in the program area.

Karate - Second Floor - Business B and or Assembly A-3

23. There is no egress map within the administrative offices to identify the egress routes and exits.
24. The area outside the main entrance to Karate space has wood flooring storage. This area is open to the exit stair and is not allowed to be used for storage. Remove the wood flooring to an appropriate storage space or remove from the building altogether.
25. Egress path from the main activity area within the Karate space is limited to 32 inches in width by the metal stanchions and the wooden railing. The path from the main activity area needs to be increased to at 36 inches (if over 50 people increase to 44 inches) and there should be openings at both ends of the room to allow egress in both directions to both exit doors.
26. The path to the rear exit from the Karate space is partially blocked by equipment storage and placement. A clear path of at least 36 inches (if over 50 people increase to 44 inches) is required to be maintained at all times to this door.
27. The egress path on the back side of the rear exit door from the Karate space is partially blocked by equipment storage. Equipment that is not used or used only at specific times cannot block the discharge from this door and cannot be located in this area as it is exit access.

Sole City Dance – Second Floor - Business B and or Assembly A-3

28. There is no egress map within the administrative offices to identify the egress routes and exits.
29. Door to Rear exit from space impedes egress out of the space and blocks egress route from adjacent Health & Human Resource Space. Reconfigure hinge on door so that when opened it swings in direction of travel and opens flat against the wall.

Health & Human Services - Business B

30. The egress map within the Health & Human Services office clearly shows the egress routes and exits however it is not oriented properly.

31. There are a number of paper exit signs in the space that are misleading and indicate a door can be used as an exit if there is no one in an interview room. These signs should be removed.
32. There is no notification appliance within the break room. Add strobe only appliance in the break room.
33. There are a number of meeting rooms within the space that do not have notification appliances. Add strobe only appliances to each meeting rooms.
34. There are extension cords used to plug in equipment in the copy/printer/fax open area. This equipment should be reviewed and permanent outlets provided for the equipment rather than the multiple extension cords. Power cords with multiple outlets are acceptable provided they are plugged directly into a permanent outlet.

School Department Administration Offices - Second Floor - Business B

35. The telephone/Data room does not have a smoke detector. Add smoke detector for this room.
36. Two of the three conference rooms within the administrative space do not have strobes as required for notification. Add strobes to the conference rooms.
37. There is no egress map within the administrative offices to identify the egress routes and exits.

Bud Carlson Alt School – Second Floor - Education E

38. There are no notification appliances in the job workplace and the working futures space. Add speaker/strobes into each space.
39. The egress map within the School space shows egress routes but is not oriented properly and does not identify the exit locations. Revise map accordingly.

Custodian Area – Second Floor – Storage S-1 and/or Business B

40. There are couches and furniture in this space that are not fire resistant or listed for commercial space use. Remove the couches/stuffed chair from this space.
41. Flammable and Combustible liquids found on open shelves. These products need to be stored inside a flammable liquid cabinet. Provide cabinet for this space or move liquids to a location where a cabinet exists.



NEW HAMPSHIRE ENERGYSMART SCHOOLS PROGRAM

Energy Benchmarking Report for:

Spaulding High School
Rochester, NH

Period: *July 1, 2010* through *June 30, 2011*

PREPARED BY:



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I. Introduction

The Sustainable Energy Division of the New Hampshire Public Utilities Commission, with support from the New Hampshire Department of Education has sponsored TRC to develop the New Hampshire ***EnergySmart Schools Program*** to support New Hampshire K-12 public and private schools in the pursuit of energy efficiency and sustainability initiatives.

Energy efficiency has become an increasingly important issue for schools due to tightening budgets and rising energy costs. Since 2003, the prices of natural gas, fuel oil and electricity have increased by 123%, 107% and 32% respectively. Schools that have participated in energy benchmarking programs have shown a decrease in overall energy use by approximately 22% through the adoption of energy efficiency measures.

Tracking and documenting the energy use and associated carbon emissions in the state's K-12 schools will allow New Hampshire to account for the impact of its energy efficiency and renewable energy programs and determine which have the greatest effect. The analysis in this report, provided by the ***EnergySmart Schools Program*** is designed to help you:

- Understand the energy consumption and cost trends at each of your school buildings.
- Learn how your buildings are performing compared to other schools locally and nationally.
- Identify opportunities for improving operations and reducing costs.
- Take advantage of resources to implement efficiency improvements and save money.

The analysis was based on the information provided on the *Building Data Request Form* submitted, which included building descriptions, energy suppliers and other information. The building's utility bills were also used to assess its electricity and heating fuel consumption for the year(s) provided.

The energy performance for your school has been compared to national data for similar school facilities through EPA's ENERGY STAR[®] Portfolio Manager. Also shown are the five major benchmarks used to analyze building performance, which include: electricity use; heating fuel use; weather-normalized heating fuel use; total cost; and total cost per student, all of which have been normalized for comparison by square footage and weather. As part of the program's focus on sustainability, your school's carbon footprint is also presented.

II. Benchmarking Analysis and Review Results

Building and energy usage of your school was analyzed to assess the basic nature of your energy consumption and utility costs. The Building Data Summary table shown below summarizes this information.

Table 1: Building Data Summary for Spaulding High School

Building Data			
District	SAU 54 Rochester School Department	School Name	Spaulding High School
City	Rochester	Zip Code	03867
Year Built	1939	Floor Area (sq.ft.)	246,000
Number of Students	1,496	Number of PCs	493
Weekly Operating Hours	80	Months School Used	12
Cooking?	YES	% AC	20
Pool Size?	N/A	Months Pool Used	0

Utility Data			
Data End Point	6/30/2011	Total Cost (\$)	236,499
Electric Provider	PSNH	Natural Gas Provider	Unitil
Electricity Usage (kWh)	1,027,000	Electricity Cost (\$)	144,331
Natural Gas Usage (therms)	90,954	Natural Gas Cost (\$)	92,168
Fuel Oil Usage (gal)	0	Fuel Oil Cost (\$)	0
Other Fuel Usage (gal)	0	Other Fuel Cost (\$)	0

Energy Indicators			
EPA Score	96	Electric Usage (kWh/sq.ft.)	4.2
Heating Fuel Usage (kBtu/sq.ft.)	37.0	Weather Adjusted Heating Usage Btu/sq.ft./HDD)	5.1
Site Energy (kBtu/sq.ft.)	51.2	Source Energy (kBtu/sq.ft.)	86

Environmental Impact Indicators			
Greenhouse Gas Emissions			
Last Year Heating Fuel CO ₂ e (Mt)	483.9	Last Year Total CO ₂ e (Mt)	802.5
Last Year Electricity CO ₂ e (Mt)	318.6	CO ₂ e Efficiency Savings Over Previous Year	-216.3
EPA Target Score			
Target Score	Reached	Site Energy Reduction Needed (kBtu/sq.ft.)	N/A - Reached

Figures 1a, 1b, 2a and 2b display the energy use, demand and cost data tracked on a monthly basis. This demonstrates the energy consumption of your building over the course of the year. As a part of the program's focus on sustainability, your school's carbon footprint was also measured and is presented in Figure 3.

Figure 1a. Monthly Electric Use & Max Demand for Spaulding High School

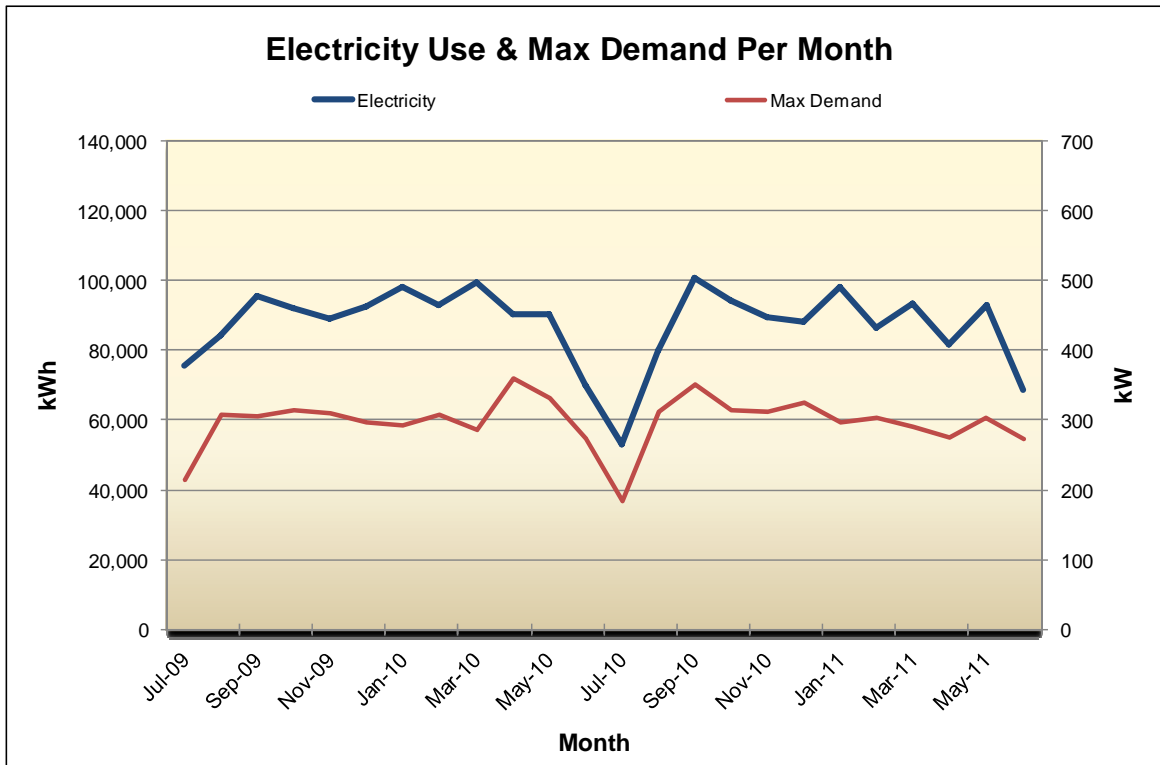
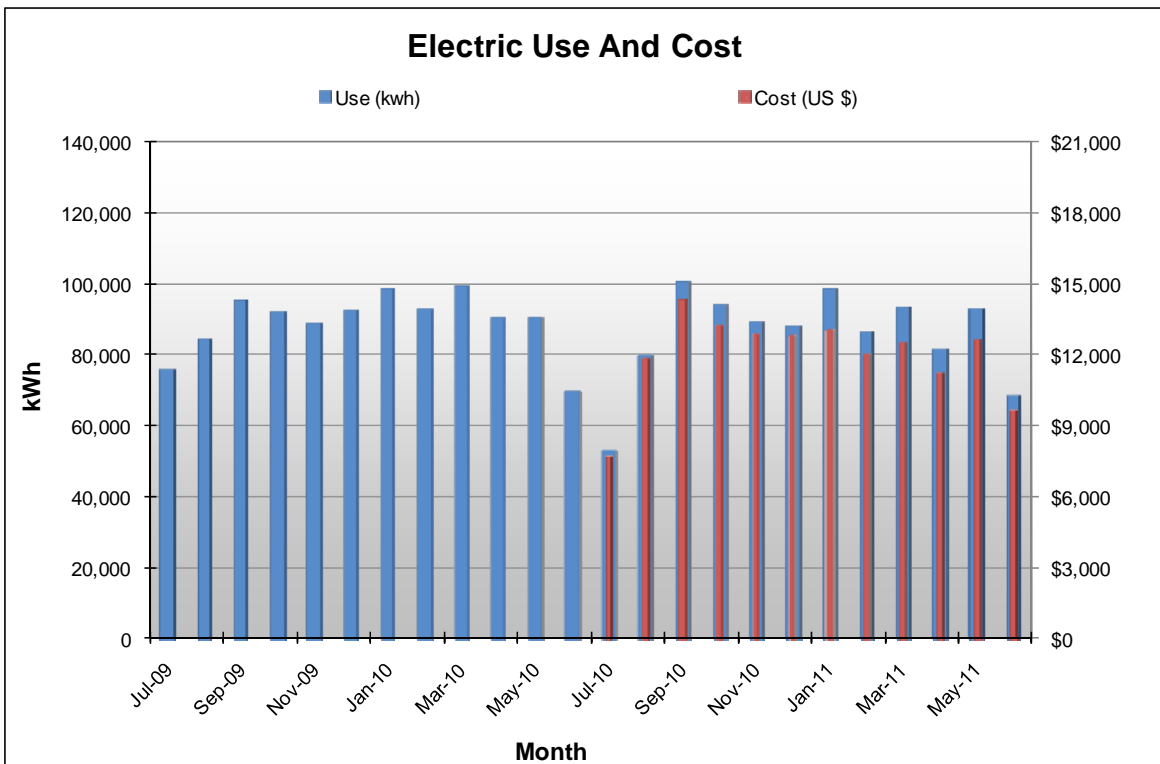


Figure 1b. Monthly Electric Use vs. Cost for Spaulding High School



Note: Electric Cost was only available for the most recent 12 month period.

Figure 2a. Monthly Natural Gas Use for Spaulding High School

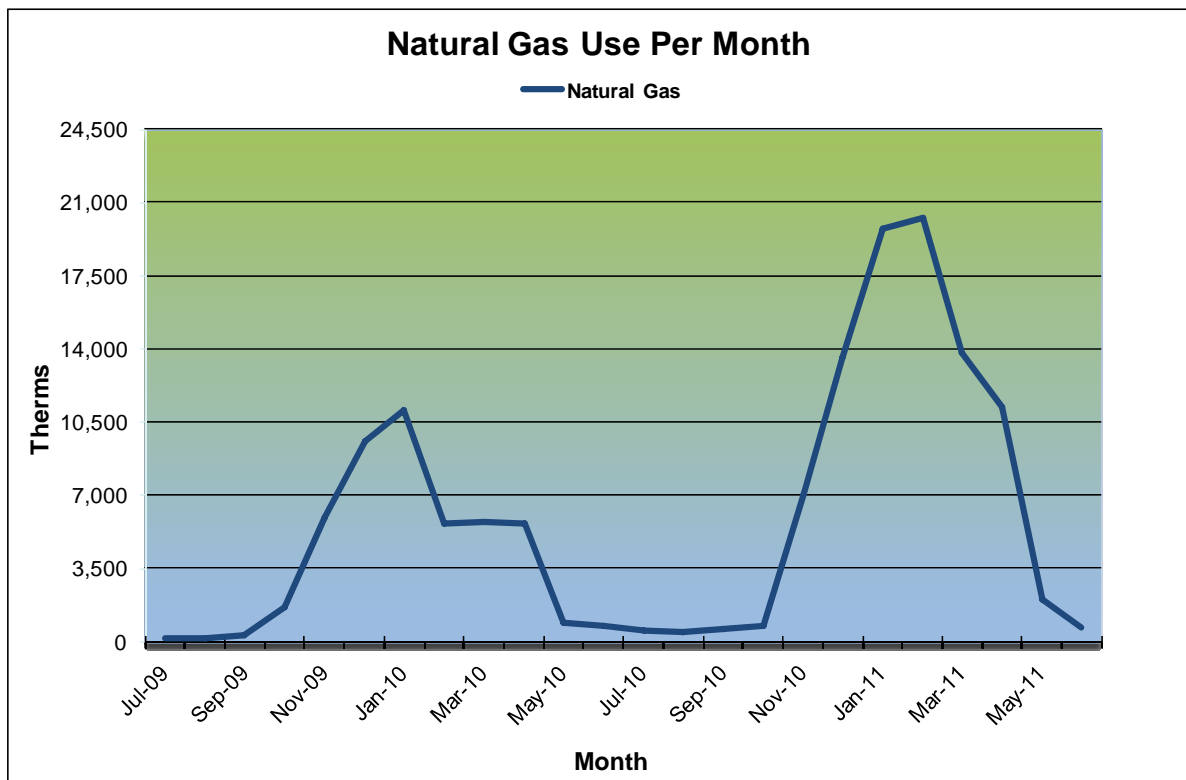


Figure 2b. Monthly Natural Gas Use vs Cost for Spaulding High School

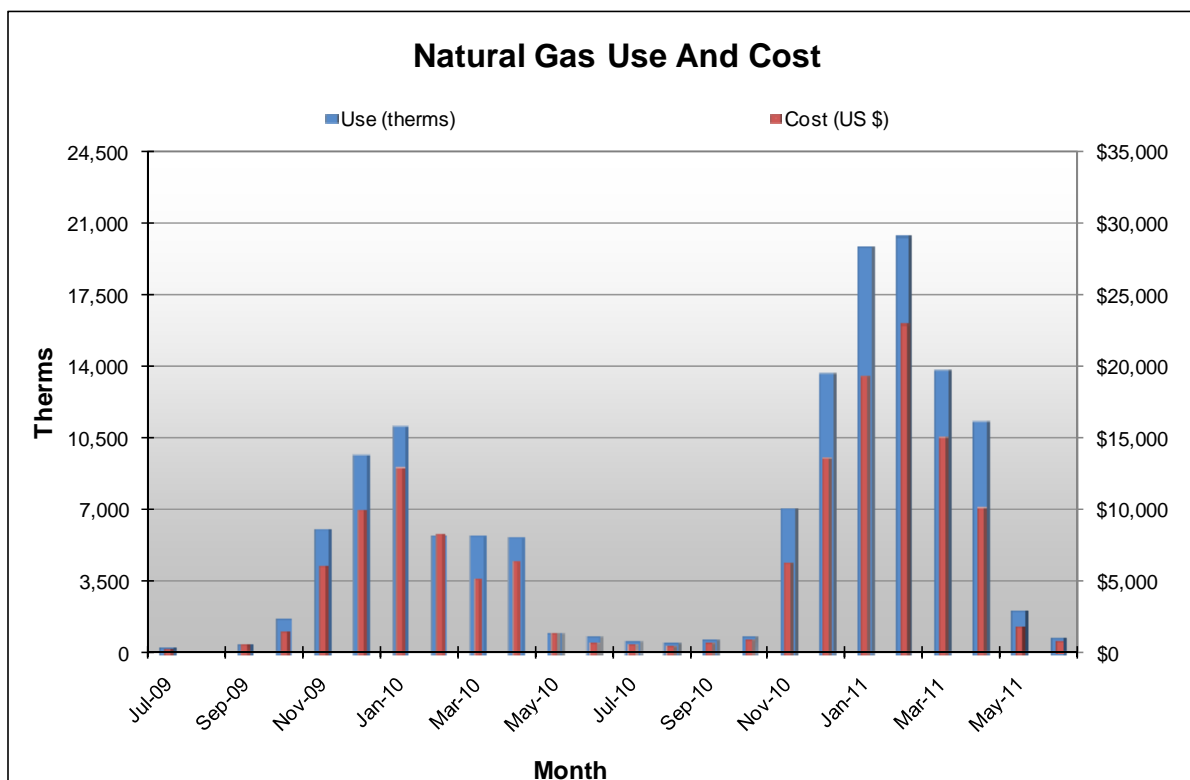
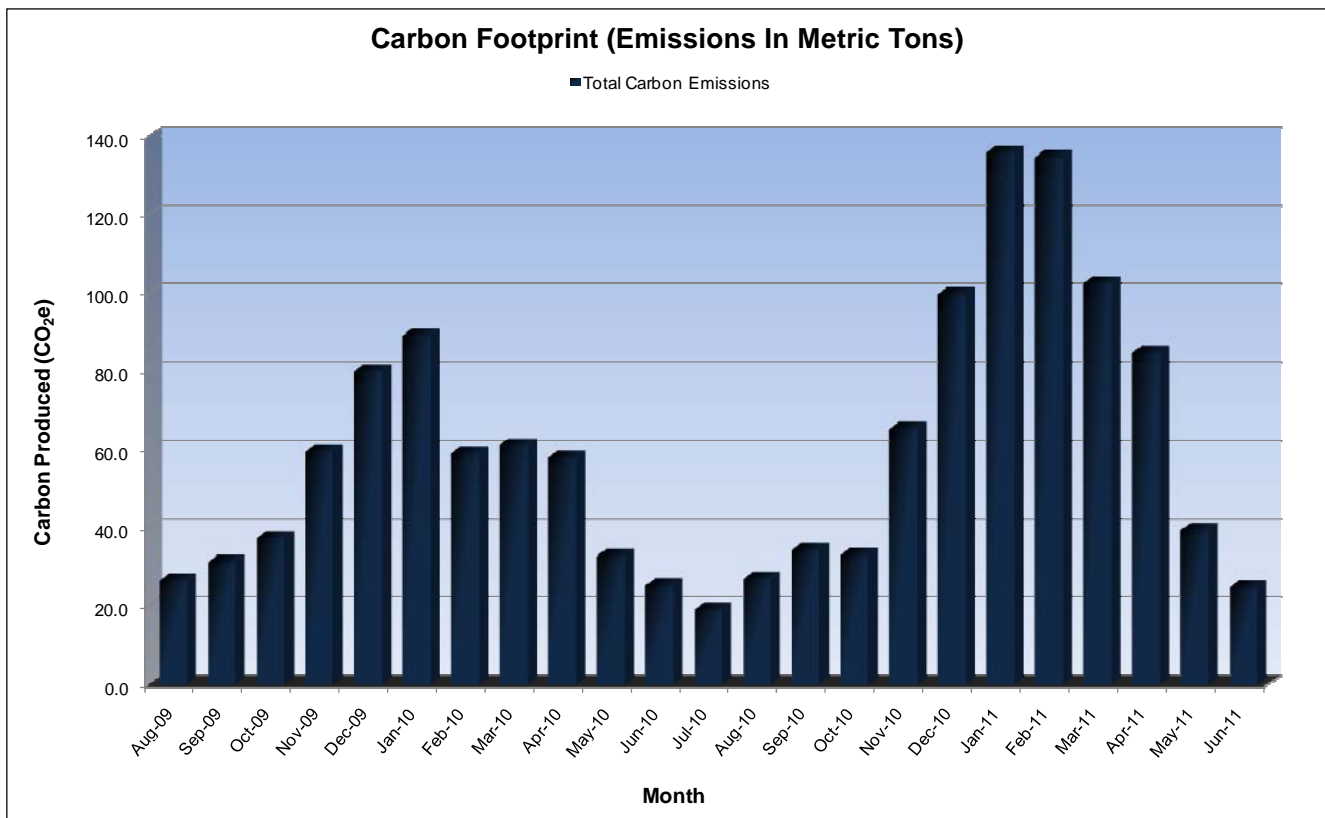


Figure 3. Monthly Greenhouse Gas Emissions for Spaulding High School

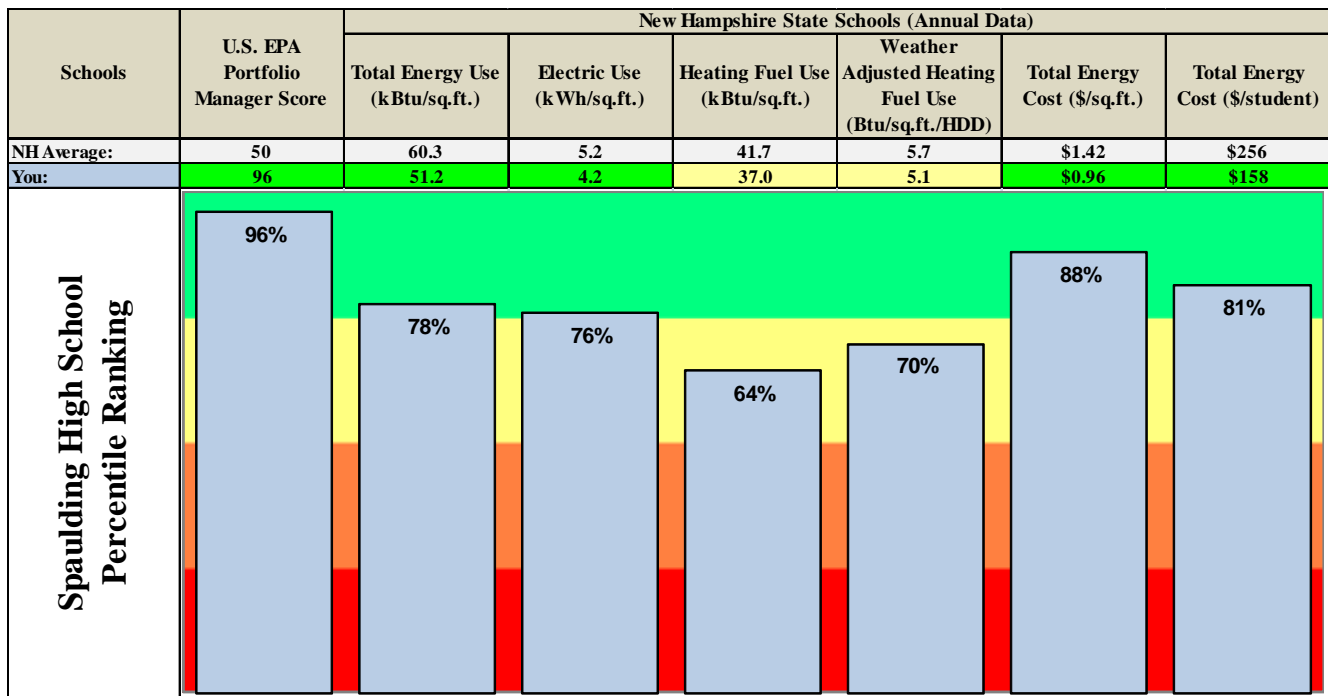


Benchmarking Data

To evaluate the energy and environmental performance of your school, the building data collected above has been compared against two different sets of school energy data: the U.S. Environmental Protection Agency’s national data and New Hampshire specific state data. The results are illustrated in Figure 4 on the following page.

This will allow you to assess your building’s performance relative to other buildings designed and constructed to the same codes and standards, operating under the same regulations and schedules and similar weather conditions. The indicators are calculated on a *per square foot* or *per student* basis, so you can compare your school to different sized schools.

Figure 4. EnergySmart Schools Benchmarks for Spaulding High School



Major Benchmark Indicators

1. Total Energy Use, kBtu/sq.ft.

This indicator shows how much total energy your school consumes each year. It includes the energy used for heating, cooling (if any), lights, cooking, computers, etc.

Your school’s total energy use of 51.2 kBtu per square foot per year (kBtu/sq.ft.) is better than the New Hampshire K-12 schools state average of 60.3 kBtu/sq.ft. Your total energy use figure is lower than 78% of New Hampshire K-12 schools. The EnergySmart School Report is weather normalized so fuel consumption for heating takes the difference in climate between northern and southern New Hampshire into account.

This is a good indicator of how well, overall, your school is performing. However, it doesn’t help you find *where* in your building to look for improvement opportunities. Multiple factors included on the following pages can help with that. Analysis of energy consumption for this program does not control for operational variations. An example is an improperly ventilated school may appear to have lower energy consumption. Ventilation systems that are not operating properly result in lower indoor air quality.

2. Electricity Data

Most electric utilities use the following two factors to estimate your electricity bill – Electric Use and Electric Demand.

a. Electric Use, kWh/sq.ft.

This shows how well the building does with its lights, cooling/air conditioners and cafeteria systems (if any), and what's referred to as "plug load." Plug load is anything that plugs into a socket. The major plug loads are generally computers (including monitors, printers and copiers), refrigerators, coffee machines, fans, shop equipment and projectors. If electric consumption is much higher than average, but heating fuel use (see below) is average or better, then focus your efforts on the electric-powered elements.

New Hampshire schools state average electric use is 5.2 kWh per square foot. Your school's electric consumption of 4.2 kWh per square foot this year is lower than 76% of New Hampshire schools benchmarked through the New Hampshire EnergySmart Schools Program.

b. Electric Demand, Watts/sq.ft.

Demand is a measure of the maximum electric draw in kW that your building places on the grid and is measured by adding up the kW draw for a 15 minute period. To give an analogy, if electricity usage is the amount of water going through a hose in gallons, electric demand would be how fast that water flows expressed in gallons per minute. Whichever 15 minute period during your monthly billing cycle places the highest kW demand on the grid is the demand factor applied to your bill. The best way to improve this demand factor is to stagger the times when your electrical systems draw at their maximum or reduce unnecessary electric load altogether.

The average electric demand for New Hampshire schools is 1.9 watts per square foot. Your school's electric demand is 1.4 watts per square foot and is lower than 85% of New Hampshire Schools benchmarked through the New Hampshire EnergySmart Schools Program.

3. Heating Fuel Use, kBtu/sq.ft.

Reviewing these indicators is relatively straightforward. If your school's heating fuel use is much higher than average, an audit of your heating system along with your building envelope - doors, windows, roof - is recommended. This factor is 'fuel-neutral' as it works for either fuel oil or natural gas heating systems.

New Hampshire K-12 schools state average heating fuel use is 41.7 kBtu/sq.ft. or 5.7 Btu/sq.ft./HDD. Your school's heating fuel use of 37.0 kBtu/sq.ft. per year is lower than 64% of other New Hampshire schools in the database. Your school's weather adjusted heating fuel use of 5.1 Btu/sq.ft./HDD is lower than 70% of other New Hampshire schools benchmarked through the New Hampshire EnergySmart Schools Program.

4. Energy Cost, \$/sq.ft. & \$/student

Cost is the bottom line. These numbers help you understand, in terms of budget, the gain through energy efficiency improvements. New Hampshire K-12 schools state averages \$1.42/sq.ft. and \$256/student.

Your school's annual energy cost of \$0.96 per square foot is lower than 88% of other New Hampshire benchmarked schools. Your school's cost expressed on a per student basis of \$158 is lower than 81% of other New Hampshire schools benchmarked through the New Hampshire EnergySmart Schools Program.

5. U.S. EPA Portfolio Manager Score

Portfolio Manager is a benchmarking model based on a national set of data from K-12 schools. It is provided by the U.S. Environmental Protection Agency's ENERGY STAR[®] Program. The impact of factors outside of your control (such as location, occupancy and operating hours) are removed, providing a 1-100 ranking of a school's energy performance relative to the national school building market. A score of 50 represents the national average and a score of 100 is best. Schools that achieve a score of 75 or higher are eligible for EPA's ENERGY STAR[®] Building Label, the national symbol for protecting the environment through energy efficiency. Districts can achieve ENERGY STAR[®] Leader Awards in recognition if their buildings, on average, improve by 10%, 20%, 30%, etc. over their baseline year of reported energy use or if the district's overall weighted average *Portfolio Manager* Score is at least a 75.



Your school's *Portfolio Manager* Score of 96 places it higher than 96% of K-12 schools nationwide. As noted above, this rating potentially qualifies your school for the prestigious ENERGY STAR[®] Label for Buildings.

III. Potential Energy Saving Opportunities

Based on the preceding analysis of your school's energy performance, implementation of the following recommendations can help you save energy and money. The first step is to look at reducing electrical lighting and HVAC consumption (burners, circulators and fans) which typically account for 67% of a building's electric consumption.

- **Perform an Energy Audit on the Building**

An energy audit involves a comprehensive analysis of the building's general characteristics, its energy use and allocation of that use amongst the facility's energy end uses. The goal is to identify sources of potential energy savings. Your auditor should develop a list of recommendations that will result in substantial energy and operational cost savings. These may include, building envelope improvement and mechanical systems, lighting upgrades, equipment replacement and installation of lighting and HVAC control mechanisms, among others.

A good audit should include information specific to each recommendation which *at least* includes approximate annual energy unit and cost savings, demand reduction, installation cost, lifetime cost savings and information related to cost-effectiveness. This will help to prioritize the recommendations based on their energy efficiency and shortest payback.

The recommendations provided in an energy audit report may reduce facility energy bills by 20% or more in addition to improving occupant health and comfort. Following this report, an energy audit is the next step in realizing the full potential of energy savings opportunities.

- **Request Retro-Commissioning**

Retro-commissioning is a detailed process applied to existing facilities aimed at correcting many of the degradations and inefficiencies that are indicative of older and/or poorly performing buildings. Many older buildings tend to be less comfortable and operate less efficiently when not properly commissioned. Retro-commissioning includes a detailed energy audit and focuses on not only potential energy savings but also the interaction of the building's equipments and mechanical systems with an eye toward restoring it to optimal performance.

In contrast to an energy audit, this optimization focuses on operational improvements to existing equipment, rather than replacement. Apart from energy savings, other improvements and benefits include substantial operation and maintenance (O&M) cost savings, improved air quality, occupant comfort, health and safety, equipment controls, and improved system interactivity.

In addition to providing recommendations, retro-commissioning includes implementation of the recommended improvements and hence the cost for retro-commissioning is higher than an audit. However, when the costs of improvements are added to the energy audit cost, prices may be comparable. If high O&M costs or occupant health, comfort and safety are concerns in addition to reduction in energy use, retro-commissioning may be a suitable strategy.

- **Upgrade Lighting Systems**

Lighting typically accounts for 30-60% of all energy consumed in school buildings. Additionally, the electrical energy consumed by lights during the summer creates heat and increases cooling costs.

Spaulding High School's electricity consumption is low (better) compared to other schools in the State. Even so, upgraded lighting systems in high consumption areas like classrooms, gymnasiums, libraries, offices, etc. can reduce costs, improve the lighting quality and increase occupant comfort and productivity.

Over-lit Spaces: Light levels should be recorded in classrooms and hallways to ensure they are not over-lit, 40-50 foot candles are adequate light levels for an instructional space. If classroom light levels are much higher than 50 foot candles, Spaulding High School should consider de-lamping classrooms or installing dimming ballasts, which dim the lights when outdoor light levels are adequate. In over-lit hallway spaces photo sensors can be installed to turn lights off completely when light levels exceed a pre-set threshold.

In over-lit spaces a T8 to Super T8 lighting retro-fit can reduce the number of light fixtures needed. Super T8 lamps use between 4 and 7 Watts less electricity than standard T8 lamps, but they produce more light per Watt. In some cases this increase in light per Watt can allow for the removal of an entire lamp, saving 32 Watts. The room characteristics must be factored in before this type of retro-fit. The shape of the space, ceiling height, color of the walls, etc. all need to be taken into account when exploring a de-lamping project. We recommend that before retro-fitting the entire facility, begin by changing one classroom and monitor the comfort level of the occupants at Spaulding High School.

Another proven energy reduction measure with a short payback period is to identify any areas where your school may still be using metal halide lighting. Typically metal halide lights are found in gymnasiums or cafeteria areas, many districts have been very satisfied by replacing these lights with high bay T5 lighting fixtures. In addition to the reduced operational wattage, high bay T5 lights turn on instantly, as opposed to metal halide fixtures which have an extended warm up period. The long warm up period associated with metal halides typically leads to the lights being left on all day, at 250 to 400 watts a fixture; the costs begin to add up. Adding occupancy sensors to high bay T5 fixtures further reduces the payback period.

Occupancy Sensors: We recommend that you explore the use of occupancy sensors to ensure that lights are turned off in unoccupied spaces. Lights controlled by occupancy sensors typically run a third of the time when compared with manually controlled lighting. Reduced runtime leads to decreases in both energy usage and operation and maintenance costs. Additionally, a study conducted in Massachusetts found that controlling the security lighting with occupancy sensors reduced vandalism; neighbors and police recognized something wrong when the lights were on in a building that was typically dark and investigated.

To summarize and add a few ways in which Spaulding High School may be able to conserve energy and cost through lighting upgrades is to:

- Design light quantity and quality for the task and occupants' needs in that area.
- Maximize lamp and ballast efficiency.
- Activate the power saving features on office equipment such as copiers, printers and fax machines and ensure that they are turned off at the end of the day.
- Use automatic controls to turn lights off or dim lights in unoccupied spaces.
- Establish a maintenance schedule for group re-lamping and fixture cleaning.
- Replace T12 fixtures with the most efficient fixtures which may include T8/super T8/T5 fixtures.
- Replace incandescent lighting with compact fluorescent technology.

- Replace incandescent exit lighting which consumes 30 Watts with LED type exit lights with 1.5 Watts consumption. LED units last up to 10 years, which is a maintenance advantage.
- Install daylight sensors in areas with significant natural light.
- Install occupancy sensors in areas that are often unoccupied.
- Lighting retrofits reduce maintenance costs associated with lighting that is close to end of life.
- Establish a regular cleaning schedule particularly for areas where student safety of low light levels may be a concern, such as shop classes.
- Look to make lamp and fixture selection as uniform as possible to reduce maintenance and inventory overhead.
- Educate students and staff to turn off lights when rooms are unoccupied.

Lighting upgrades seek to reduce the connected electrical load (kW) and energy consumption (kWh) of lighting equipment. Lighting controls can also significantly reduce operating hours and costs by turning off lighting when spaces are unoccupied or sufficiently lit by natural light.

- **Install NEMA Premium Motors and VFDs**

Commercial and industrial electric motor-driven systems consume approximately 23% of all electricity in the U.S., making it the single largest category contributor to electric use in the country. With very high operating hours, the annual energy cost to run a system is more than its installation cost. Even a small increase in the efficiency of an electric motor can result in substantial energy cost savings. Typical opportunities for motor upgrades in schools include: ventilation fans, and heating and cooling system pumps and fans.

Motors with efficiency up to 90% are available to replace the older ones with efficiency less than 75%. Although standards for efficiency of new equipment are set by the Energy Policy Act, motor efficiency can be further increased by selecting Premium Efficiency motors as specified by the National Electrical Manufacturers Association (NEMA). This can cut the electric motor system demand by as much as 18%.

Savings can be increased further by optimizing system performance through the use of variable frequency drives (VFDs). When system load is known to vary substantially, these flow control systems can be utilized to match system output to system demand, significantly reducing energy usage during partial load hours. By employing high-efficiency motors and VFDs, facility owners can improve environmental conditions, utilize better control of motor-driven processes, and reduce waste output.

- **Install Demand Control Ventilation**

Demand control ventilation (DCV) monitors indoor air CO₂ content as a result of occupancy production levels and uses this data to regulate the amount of outdoor air that is permitted for ventilation. In order to ensure adequate air quality, standard ventilation systems permit outside air based on estimated occupancy levels in CFM, cubic feet per minute/occupant. However, during low occupancy hours, the space may become over ventilated due to decreased CO₂ levels and unnecessary ventilation results in wasted energy. DCV reduces unnecessary outdoor air intake by regulating ventilation based on actual CO₂ levels, saving energy. DCV is most suited for areas where occupancy levels are known to fluctuate considerably such as auditoriums, cafeterias, and gymnasiums.

Install Energy Recovery Ventilators. According to energy recovery equipment manufacturer's typical paybacks are less than 5 years for schools without cooling. The keys to success with ventilation retrofits are going with fewer larger units with long run hours as opposed to several small units with limited run time. Equipment with moisture recovery capabilities would cut humidity up to 50% during the cooling season.

- **Improve/Replace Inefficient Heating Systems**

Replacing an old boiler that is < 70% efficient with a modern 85-90% efficient natural gas-fired furnace alone will reduce heating costs by 15-20%. This combined with additional system improvements and installation of advanced HVAC control mechanisms can result in up to 20%+ heating load reduction.

Because of the high capital cost of new heating systems, some financial analysis should be performed to assess the cost-effectiveness of immediate replacement. If the current system is fairly new, replacement may not be immediately justifiable from a financial standpoint. However, as is the case with cooling systems, early replacement may prove to be a more cost-effective solution than waiting until existing systems fail or reach the end of their estimated useful life.

- **Improve/Replace Inefficient Air Conditioning Systems**

The useful life of a rooftop A/C unit is generally 12-18 years. However, depending on the efficiency, early replacement of outdated, inefficient, split, or packaged rooftop air conditioning units with new A/C systems that are 15% more efficient than 10-15 year old equipments can considerably reduce annual energy consumption. The energy cost savings and maintenance savings offset the high installation cost of a more efficient system. Installing thermostats and/or economizers on new or existing A/C systems will further reduce the cooling demand.

Economizers provide "free" cooling by using controllable dampers that bring in outside air to cool the space when the outdoor temperature or enthalpy is below the building's return air conditions. Although they require operation by a well calibrated and maintained control system, economizers have impressive energy-saving capabilities.

Install Occupancy Controlled/Programmable Thermostats

Combining efficient HVAC equipment with occupancy controlled and programmable thermostats can save a facility up to 10% of its annual heating and cooling costs:

- Areas with unpredictable occupancy on a daily/weekly basis - gym, bathrooms, outdoors: Use an *occupancy controlled thermostat* - a thermostat paired with a sensor and/or door detector to identify movement/occupancy. If occupancy is sensed by the sensor, the thermostat goes into an occupied mode (i.e. programmed set point). If a pre-programmed time frame elapses (i.e. 30 minutes) and no occupancy is sensed during that time, the thermostat goes into an unoccupied mode (e.g., setback set point or off) until occupancy is sensed again. This reduces the overall time the heating or cooling system is running, saving energy.
- Areas with predictable occupancy: e.g.: classrooms, cafeteria, offices: A *programmable thermostat* is recommended. This device is programmed on a schedule to reduce the heating or cooling output of the facility's HVAC systems in relation to its predetermined occupancy schedule. In this way, the thermostat acts to set-back or set-up the facility temperature during unoccupied hours, and re-establish a comfortable facility temperature during business hours. By employing programmable thermostat technology, the heating and cooling system demand coincides with occupancy level, reducing energy usage.

- **Install Vending Misers on Vending Machines**

Vending misers for refrigerated and non-refrigerated vending machines is an often overlooked source of potential savings. Uncontrolled, vending machine lights remain on 24/7, consuming a constant amount of energy year round. By controlling these lights with an occupancy sensor, energy consumption attributed to vending machines can be reduced considerably, in many cases, by as much as 50% and can save up to \$150 per machine per year.

In the case of refrigerated vending machines, electric demand can be further reduced by controlling the machines' refrigeration systems. In a manner similar to programmable thermostats, vending misers for refrigerated machines act on a pre-set occupancy schedule to allow a marginal increase in operating temperature during non-business hours. Although products in the machine are delivered to the customer at the same temperature as in an uncontrolled vending machine, products are not being cooled unnecessarily when the machine is not in use, significantly reducing the machine's energy consumption. Because of the relatively low vending miser installation cost and high operating hours of vending machines, this improvement is typically cost-effective with a very short payback period.

- **Install ENERGY STAR[®] Rated Equipment / Plug Load Control**

Plug loads (computers, televisions, coffee makers, etc.) account for, on average, about 10% of total energy consumption. One of the easiest and most cost-effective energy saving strategies is the reduction of electric usage through installation of efficient appliances and the control of plug loads. In addition to utilizing ENERGY STAR[®] qualified appliances, greater savings can be realized through the various devices available that control every day plug loads.

By connecting non-critical loads (coffee makers, fans, microwave ovens, etc.) to an occupancy or timer controlled power strip, significant energy savings can be achieved. These savings result not only from the neglect of the user to turn the device off manually, but also from reduction of “phantom load”. Phantom load is the small but constant energy draw from many plug-in devices when not in use. By connecting certain appliances to an occupancy controlled power strip, phantom load can be eliminated by cutting power supply to those devices. When replacing or ordering new equipment, emphasize ENERGY STAR® devices when they are available. Also, purchase controlled power strips and connect appropriate devices to those strips to reduce unnecessary consumption due to phantom load and appliances left on. The EPA offers free computer power management software which has saved some districts as much as \$75 per computer per year, the software can be found at http://www.energystar.gov/index.cfm?c=power_mgt.pr_power_mgt_low_carbon_join.

IV. Resources:

The State of New Hampshire along with the utility companies offer multiple programs designed to improve the energy efficiency of schools through financial incentives and technical support, including:

Northeast Energy Efficiency Partnerships:

- **Northeast Collaborative for High Performance Schools (NE-CHPS)**
NE-CHPS is a set of building and design standards for all schools from pre-K through community colleges tailored specifically for NH state code requirements, the New England climate, and the environmental priorities of the region. NH Department of Education offers up to a 3% reimbursement for New Construction School projects. To learn more about NE-CHPS and incentive programs please visit: <http://neep.org/public-policy/hpse/hpse-nechps>.

New Hampshire Public Utilities Commission:

- **New Hampshire Pay for Performance**
This program addresses the energy efficiency improvement needs of the commercial and industrial sector. The Program is implemented through a network of qualified Program Partners. Incentives will be paid out on the following three payment schedule: Incentive #1: Is based on the area of conditioned space in square feet. Incentive #2: Per/kWh saved and Per/MMBTU saved based on projected savings and paid at construction completion. Incentive #3: Per/kWh saved and Per/MMBTU saved based on actual energy savings performance one year post construction. Total performance incentives (#2 and #3) will be capped at \$200,000 or 50% of project cost on a per project basis. For more information visit <http://nhp4p.com>.
- **New Hampshire Public Utilities Commission’s Renewable Energy Rebates**
The Sustainable Energy Division provides an incentive program for solar electric (photovoltaic or PV) arrays and solar thermal systems for domestic hot water, space and process heat, with a capacity of 100 kW or equivalent thermal output or less. The rebate for PV systems as follows: \$1.00 per Watt, capped at 25% of the costs of the system or \$50,000, whichever is less. For solar hot water (SHW) systems, the base rebate is \$0.07 per rated or modeled kBtu/year, capped at 25% of the cost of the facility or \$50,000, whichever is less, as a one-time incentive payment. <http://www.puc.state.nh.us/Sustainable%20Energy/RenewableEnergyRebates-CI.html>.

New Hampshire Community Development Finance Authority:

- **New Hampshire Community Development Finance Authority Revolving Loan Fund**

The Enterprise Energy Fund is a low-interest loan and grant program available to businesses and nonprofit organizations to help finance energy improvements and renewable energy projects in their buildings. The loans will range from \$10,000 to \$500,000. Larger amounts will be considered on a case by case basis. The program is available to finance improvements to the overall energy-efficiency performance of buildings owned by businesses and nonprofits, thereby lowering their overall energy costs and the associated carbon emissions. More information about the program can be found on their website www.nhcdfa.org. These activities may include:

- Improvements to the building's envelope, including air sealing and insulation in the walls, attics and foundations;
- Improvements to HVAC equipment and air exchange;
- Installation of renewable energy systems;
- Improvements to lighting, equipment, and other electrical systems; and
- Conduction of comprehensive, fuel-blind energy audits.

Public Service of New Hampshire (PSNH):

- **Commercial (Electric) Energy Efficiency Incentive Programs**

This program targets any commercial/industrial member building a new facility, undergoing a major renovation, or replacing failed (end-of-life) equipment. The program offers prescriptive and custom rebates for lighting and lighting controls, motors, VFDs, HVAC systems, chillers and custom projects. <http://www.psnh.com/SaveEnergyMoney/For-Business/Energy-Saving-Programs-and-Incentives.aspx>

- **SmartSTART**

The SmartSTART (Savings Through Affordable Retrofit Technologies) advantage is simple - pay nothing out of pocket to have energy efficiency products and services installed in your building. The Smart Start program is limited to PSNH's municipal customers only and includes schools. The program is available on a first-come, first served basis to projects which have been pre-qualified by PSNH. The cost of the improvements is fronted by PSNH which is then repaid over time by the municipality or school using the savings generated by the products themselves! This program is for lighting and lighting controls, air sealing, insulation and other verifiable energy savings measures which have sufficient kilowatt-hour savings. For more information on this program visit:

<http://www.psnh.com/SaveEnergyMoney/For-Business/Municipal-Smart-Start-Program.aspx>

- **Schools Program**

For major renovation or equipment replacement projects, this program offers prescriptive and custom rebates for energy efficient lighting, motors, HVAC, chillers, and variable frequency drives to towns or cities that install energy efficient equipment at their schools. Financial incentives are available for qualifying energy efficient equipment. Technical assistance is also offered through the Schools Program. <http://www.psnh.com/SaveEnergyMoney/Large-Power/Schools-Program.aspx>

Unitil:

- **Commercial and Industrial Energy Efficiency Programs**

Subject to program qualifications and availability of funding - Unitil offers different programs for its commercial, industrial, and institutional customers in New Hampshire: the Small Business Energy Efficiency Program, the Small Commercial and Industrial Program, the Large Commercial and Industrial Program, the Large Commercial and Industrial (C&I) Retrofit Program, and the Large C&I New Construction Program. Rebates are available for various technologies including water heaters, lighting, lighting controls/sensors, chillers, furnaces, boilers, central air conditioners, compressed air, programmable thermostats, energy management systems/building controls, motors, motor VFDs, processing and manufacturing equipment, LED exit signs, commercial cooking and refrigeration equipment. <http://www.unitil.com/>.

Clean Air – Cool Planet:

- **Community Energy Efficiency**

CA-CP works with communities throughout the Northeast to find solutions to climate change and build constituencies for effective climate policies and actions. Much of their work focuses on successful models for energy efficiency and renewable energy planning. They advise and partner with citizens, educators, faith groups, small businesses, municipal governments, and other local leaders. They explore cost-effective opportunities that exist for communities to reduce their emissions as well as their vulnerability to climate impacts. One such example is CA-CP's partnership with the University of NH, NH Sustainable Energy Association and UNH Cooperative Extension to create www.myenergyplan.net, a groundbreaking suite of web and outreach tools for individual action used by households, schools and community groups around the northeast. http://www.cleanair-coolplanet.org/for_communities/index.php.

Environmental Protection Agency (EPA):

- **ENERGY STAR Challenge for Schools**

EPA is challenging school administrators and building managers to improve energy efficiency throughout their facilities. More than 500 school districts across the country are helping to fight climate change by committing to reducing their energy use with help from ENERGY STAR. Schools that take the ENERGY STAR Challenge can use energy tracking tools, technical guidance, case studies and other ENERGY STAR tools and resources to help them improve their energy efficiency. More information can be found at:

<http://yosemite.epa.gov/opa/admpress.nsf/d985312f6895893b852574ac005f1e40/d74f768ecfa9e11f8525762500522260!OpenDocument>

For additional assistance in helping you save money and improve school conditions, please call TRC at (603) 766-1913 or (877) 442-9181.



NEW HAMPSHIRE ENERGYSMART SCHOOLS PROGRAM

Energy Benchmarking Report for:
Richard Creteau Regional
Technology Center
Rochester, NH

Period: *July 1, 2010* through *June 30, 2011*

PREPARED BY:



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I. Introduction

The Sustainable Energy Division of the New Hampshire Public Utilities Commission, with support from the New Hampshire Department of Education has sponsored TRC to develop the New Hampshire ***EnergySmart Schools Program*** to support New Hampshire K-12 public and private schools in the pursuit of energy efficiency and sustainability initiatives.

Energy efficiency has become an increasingly important issue for schools due to tightening budgets and rising energy costs. Since 2003, the prices of natural gas, fuel oil and electricity have increased by 123%, 107% and 32% respectively. Schools that have participated in energy benchmarking programs have shown a decrease in overall energy use by approximately 22% through the adoption of energy efficiency measures.

Tracking and documenting the energy use and associated carbon emissions in the state's K-12 schools will allow New Hampshire to account for the impact of its energy efficiency and renewable energy programs and determine which have the greatest effect. The analysis in this report, provided by the ***EnergySmart Schools Program*** is designed to help you:

- Understand the energy consumption and cost trends at each of your school buildings.
- Learn how your buildings are performing compared to other schools locally and nationally.
- Identify opportunities for improving operations and reducing costs.
- Take advantage of resources to implement efficiency improvements and save money.

The analysis was based on the information provided on the *Building Data Request Form* submitted, which included building descriptions, energy suppliers and other information. The building's utility bills were also used to assess its electricity and heating fuel consumption for the year(s) provided.

The energy performance for your school has been compared to national data for similar school facilities through EPA's ENERGY STAR[®] Portfolio Manager. Also shown are the five major benchmarks used to analyze building performance, which include: electricity use; heating fuel use; weather-normalized heating fuel use; total cost; and total cost per student, all of which have been normalized for comparison by square footage and weather. As part of the program's focus on sustainability, your school's carbon footprint is also presented.

II. Benchmarking Analysis and Review Results

Building and energy usage of your school was analyzed to assess the basic nature of your energy consumption and utility costs. The Building Data Summary table shown below summarizes this information.

Table 1: Building Data Summary for Richard Creteau Technology Center

Building Data			
District	SAU 54 Rochester School Department	School Name	Richard Creteau Regional Technology Center
City	Rochester	Zip Code	03867
Year Built	1990	Floor Area (sq.ft.)	88,000
Number of Students	400	Number of PCs	323
Weekly Operating Hours	60	Months School Used	12
Cooking?	YES	% AC	30
Pool Size?	N/A	Months Pool Used	0

Utility Data			
Data End Point	6/30/2011	Total Cost (\$)	107,960
Electric Provider	PSNH	Natural Gas Provider	Unitil
Electricity Usage (kWh)	546,800	Electricity Cost (\$)	77,845
Natural Gas Usage (therms)	29,735	Natural Gas Cost (\$)	30,115
Fuel Oil Usage (gal)	0	Fuel Oil Cost (\$)	0
Other Fuel Usage (gal)	0	Other Fuel Cost (\$)	0

Energy Indicators			
EPA Score	81	Electric Usage (kWh/sq.ft.)	6.2
Heating Fuel Usage (kBtu/sq.ft.)	33.8	Weather Adjusted Heating Usage Btu/sq.ft./HDD)	4.7
Site Energy (kBtu/sq.ft.)	55.0	Source Energy (kBtu/sq.ft.)	106

Environmental Impact Indicators			
Greenhouse Gas Emissions			
Last Year Heating Fuel CO ₂ e (Mt)	158.1	Last Year Total CO ₂ e (Mt)	327.8
Last Year Electricity CO ₂ e (Mt)	169.7	CO ₂ e Efficiency Savings Over Previous Year	-30.4
EPA Target Score			
Target Score	Reached	Site Energy Reduction Needed (kBtu/sq.ft.)	N/A - Reached

Figures 1a, 1b, 2a and 2b display the energy use, demand and cost data tracked on a monthly basis. This demonstrates the energy consumption of your building over the course of the year. As a part of the program's focus on sustainability, your school's carbon footprint was also measured and is presented in Figure 3.

Figure 1a. Monthly Electric Use & Max Demand for Richard Creteau Tech Center

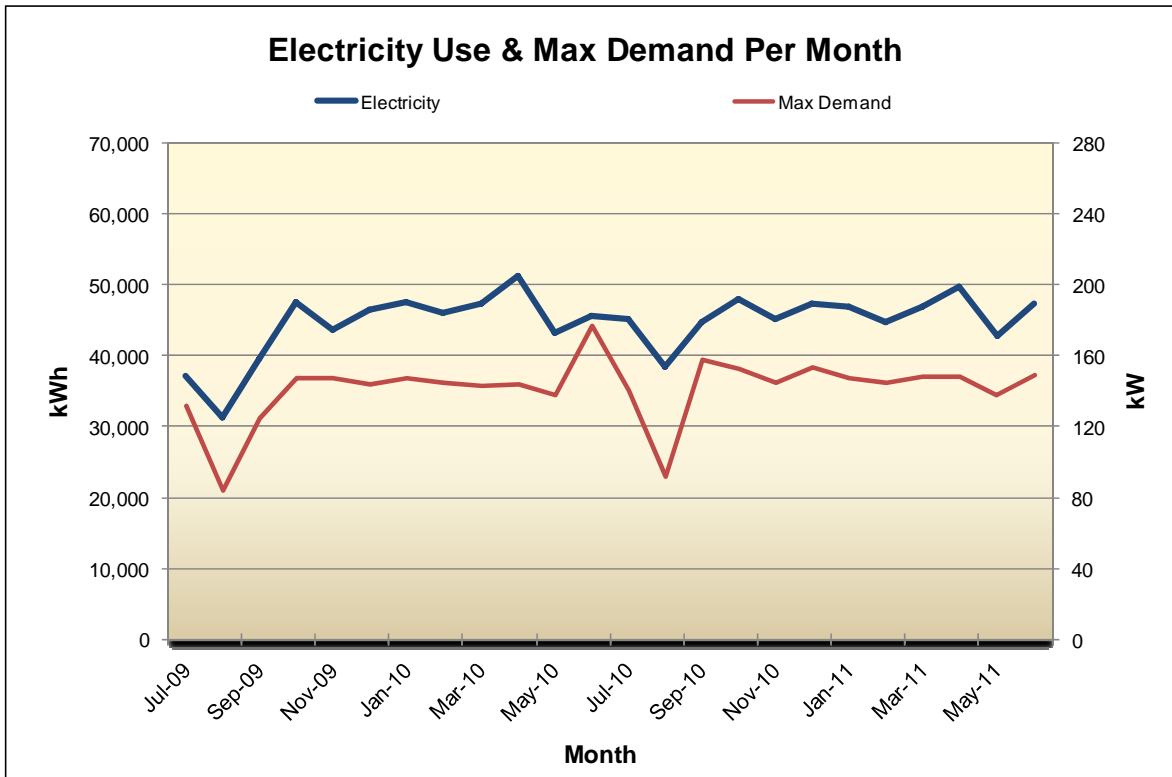
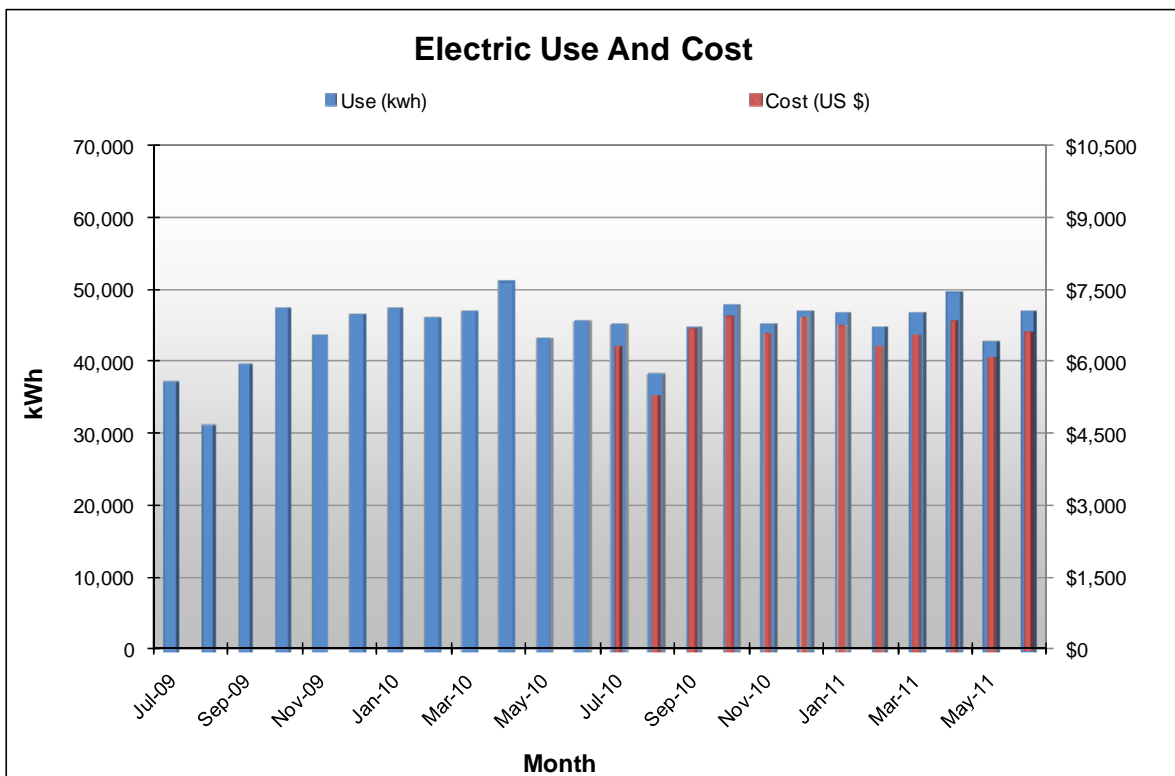


Figure 1b. Monthly Electric Use vs. Cost for Richard Creteau Tech Center



Note: Electric Cost was only available for the most recent 12 month period.

Figure 2a. Monthly Natural Gas Use for Richard Creteau Tech Center

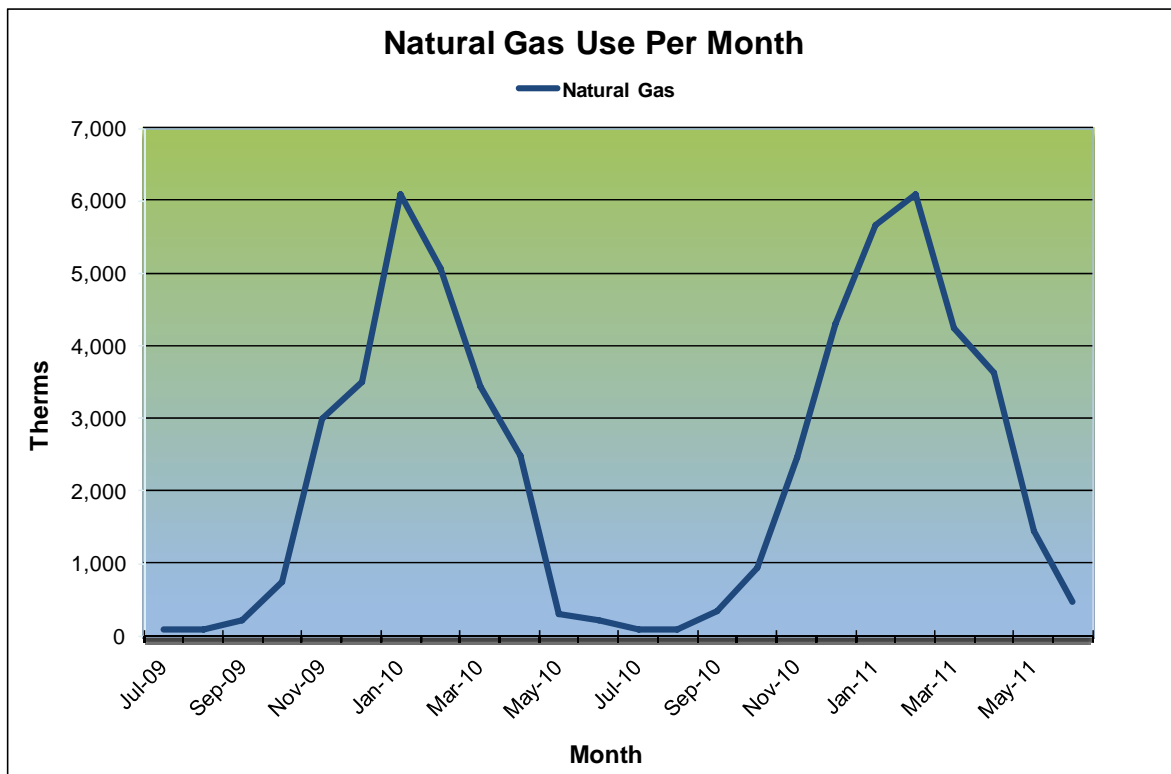


Figure 2b. Monthly Natural Gas Use vs Cost for Richard Creteau Tech Center

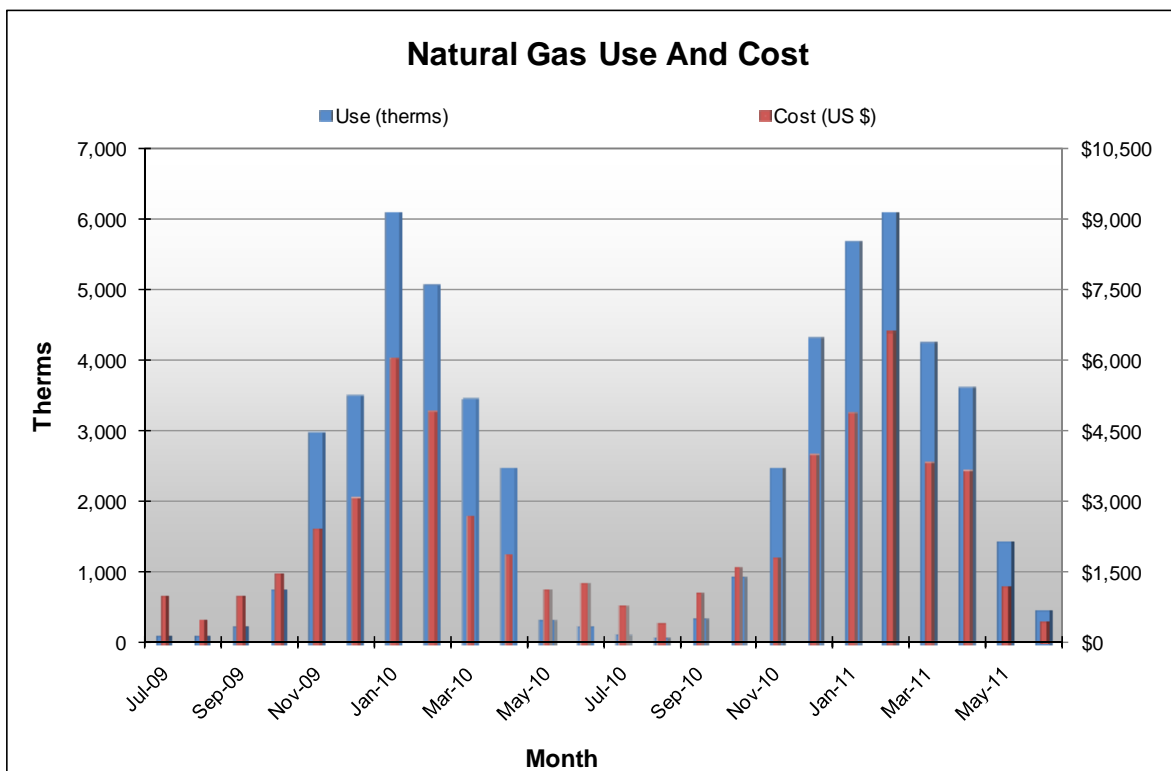
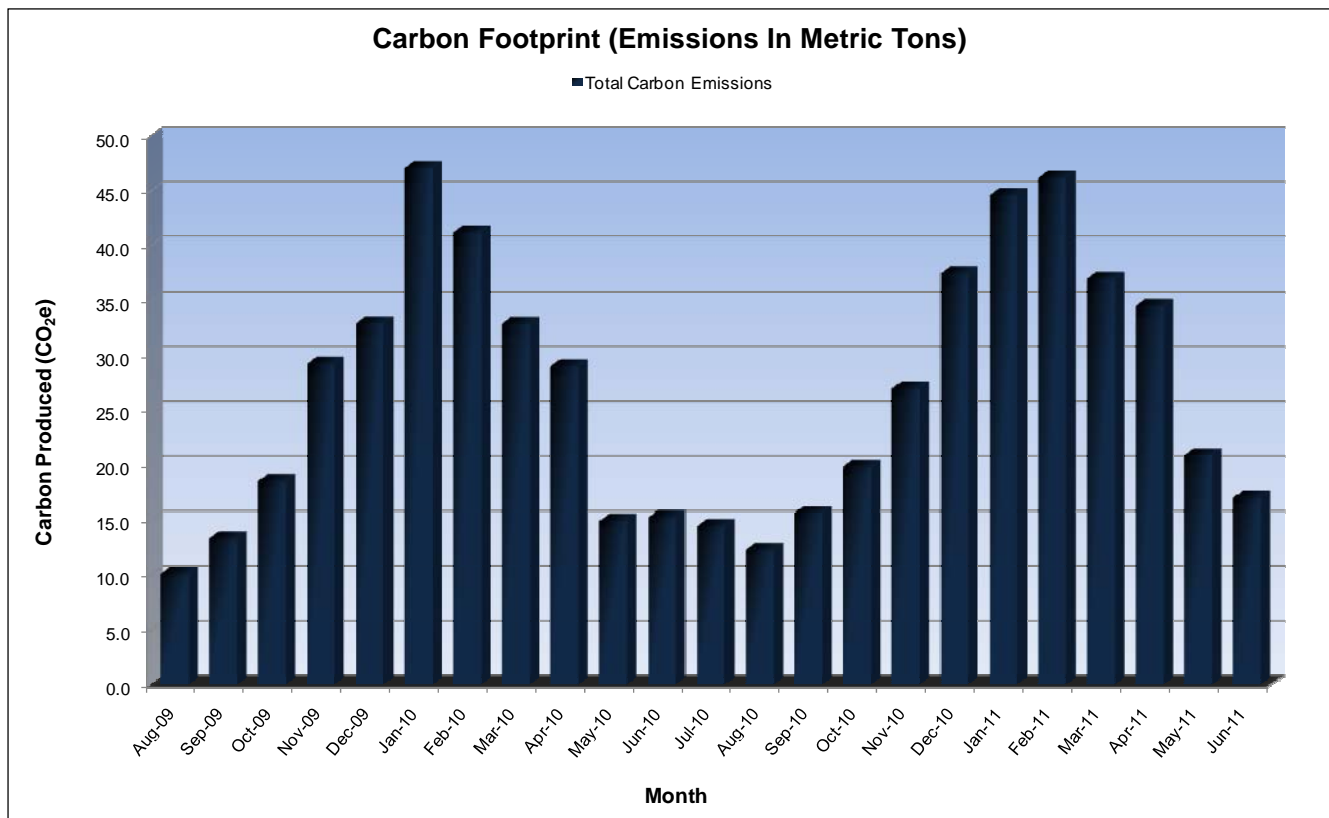


Figure 3. Monthly Greenhouse Gas Emissions for Richard Creteau Tech Center

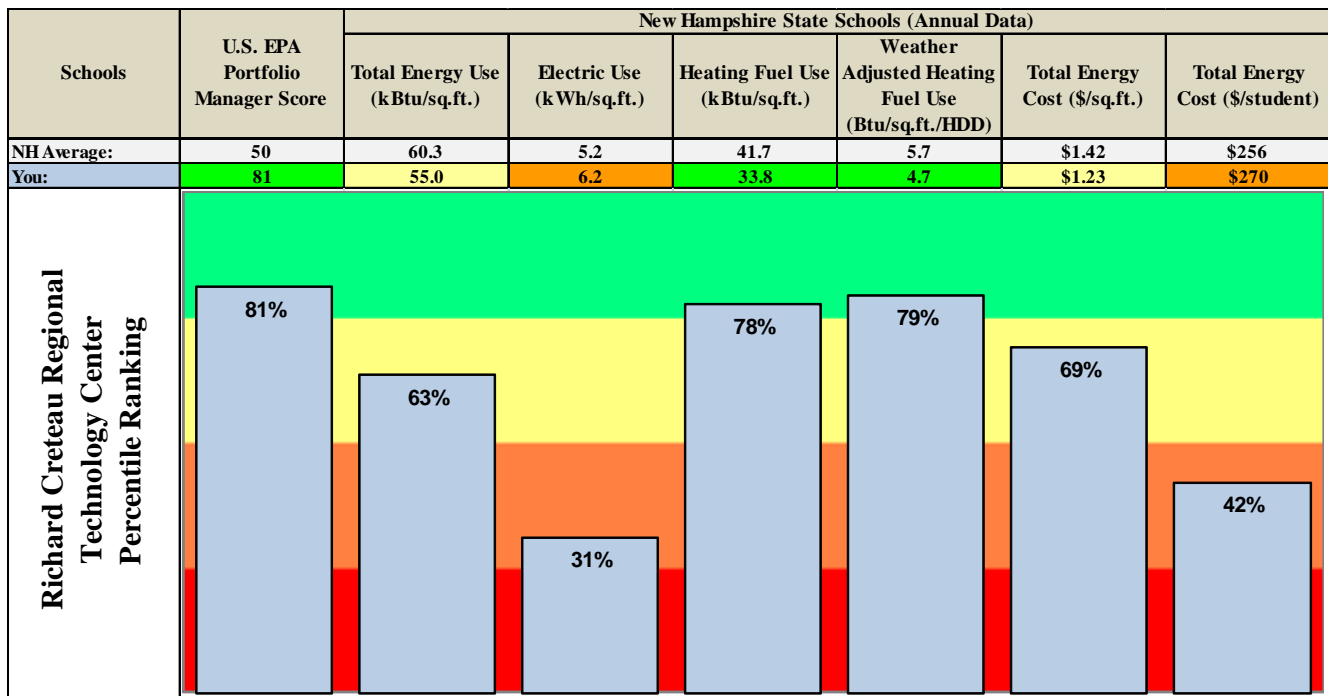


Benchmarking Data

To evaluate the energy and environmental performance of your school, the building data collected above has been compared against two different sets of school energy data: the U.S. Environmental Protection Agency’s national data and New Hampshire specific state data. The results are illustrated in Figure 4 on the following page.

This will allow you to assess your building’s performance relative to other buildings designed and constructed to the same codes and standards, operating under the same regulations and schedules and similar weather conditions. The indicators are calculated on a *per square foot* or *per student* basis, so you can compare your school to different sized schools.

Figure 4. EnergySmart Schools Benchmarks for Richard Creteau Tech Center



Major Benchmark Indicators

1. Total Energy Use, kBtu/sq.ft.

This indicator shows how much total energy your school consumes each year. It includes the energy used for heating, cooling (if any), lights, cooking, computers, etc.

Your school’s total energy use of 55.0 kBtu per square foot per year (kBtu/sq.ft.) is better than the New Hampshire K-12 schools state average of 60.3 kBtu/sq.ft. Your total energy use figure is lower than 63% of New Hampshire K-12 schools. The EnergySmart School Report is weather normalized so fuel consumption for heating takes the difference in climate between northern and southern New Hampshire into account.

This is a good indicator of how well, overall, your school is performing. However, it doesn’t help you find *where* in your building to look for improvement opportunities. Multiple factors included on the following pages can help with that. Analysis of energy consumption for this program does not control for operational variations. An example is an improperly ventilated school may appear to have lower energy consumption. Ventilation systems that are not operating properly result in lower indoor air quality.

2. Electricity Data

Most electric utilities use the following two factors to estimate your electricity bill – Electric Use and Electric Demand.

a. Electric Use, kWh/sq.ft.

This shows how well the building does with its lights, cooling/air conditioners and cafeteria systems (if any), and what's referred to as "plug load." Plug load is anything that plugs into a socket. The major plug loads are generally computers (including monitors, printers and copiers), refrigerators, coffee machines, fans, shop equipment and projectors. If electric consumption is much higher than average, but heating fuel use (see below) is average or better, then focus your efforts on the electric-powered elements.

New Hampshire schools state average electric use is 5.2 kWh per square foot. Your school's electric consumption of 6.2 kWh per square foot this year is higher than 69% of New Hampshire schools benchmarked through the New Hampshire EnergySmart Schools Program.

b. Electric Demand, Watts/sq.ft.

Demand is a measure of the maximum electric draw in kW that your building places on the grid and is measured by adding up the kW draw for a 15 minute period. To give an analogy, if electricity usage is the amount of water going through a hose in gallons, electric demand would be how fast that water flows expressed in gallons per minute. Whichever 15 minute period during your monthly billing cycle places the highest kW demand on the grid is the demand factor applied to your bill. The best way to improve this demand factor is to stagger the times when your electrical systems draw at their maximum or reduce unnecessary electric load altogether.

The average electric demand for New Hampshire schools is 1.9 watts per square foot. Your school's electric demand is 1.8 watts per square foot and is lower than 58% of New Hampshire Schools benchmarked through the New Hampshire EnergySmart Schools Program.

3. Heating Fuel Use, kBtu/sq.ft.

Reviewing these indicators is relatively straightforward. If your school's heating fuel use is much higher than average, an audit of your heating system along with your building envelope - doors, windows, roof - is recommended. This factor is 'fuel-neutral' as it works for either fuel oil or natural gas heating systems.

New Hampshire K-12 schools state average heating fuel use is 41.7 kBtu/sq.ft. or 5.7 Btu/sq.ft./HDD. Your school's heating fuel use of 33.8 kBtu/sq.ft. per year is lower than 78% of other New Hampshire schools in the database. Your school's weather adjusted heating fuel use of 4.7 Btu/sq.ft./HDD is lower than 79% of other New Hampshire schools benchmarked through the New Hampshire EnergySmart Schools Program.

4. Energy Cost, \$/sq.ft. & \$/student

Cost is the bottom line. These numbers help you understand, in terms of budget, the gain through energy efficiency improvements. New Hampshire K-12 schools state averages \$1.42/sq.ft. and \$256/student.

Your school's annual energy cost of \$1.23 per square foot is lower than 69% of other New Hampshire benchmarked schools. Your school's cost expressed on a per student basis of \$270 is higher than 58% of other New Hampshire schools benchmarked through the New Hampshire EnergySmart Schools Program.

5. U.S. EPA Portfolio Manager Score

Portfolio Manager is a benchmarking model based on a national set of data from K-12 schools. It is provided by the U.S. Environmental Protection Agency's ENERGY STAR[®] Program. The impact of factors outside of your control (such as location, occupancy and operating hours) are removed, providing a 1-100 ranking of a school's energy performance relative to the national school building market. A score of 50 represents the national average and a score of 100 is best. Schools that achieve a score of 75 or higher are eligible for EPA's ENERGY STAR[®] Building Label, the national symbol for protecting the environment through energy efficiency. Districts can achieve ENERGY STAR[®] Leader Awards in recognition if their buildings, on average, improve by 10%, 20%, 30%, etc. over their baseline year of reported energy use or if the district's overall weighted average *Portfolio Manager* Score is at least a 75.



Your school's *Portfolio Manager* Score of 81 places it higher than 81% of K-12 schools nationwide. As noted above, this rating potentially qualifies your school for the prestigious ENERGY STAR[®] Label for Buildings.

III. Potential Energy Saving Opportunities

Based on the preceding analysis of your school's energy performance, implementation of the following recommendations can help you save energy and money. The first step is to look at reducing electrical lighting and HVAC consumption (burners, circulators and fans) which typically account for 67% of a building's electric consumption.

- **Perform an Energy Audit on the Building**

An energy audit involves a comprehensive analysis of the building's general characteristics, its energy use and allocation of that use amongst the facility's energy end uses. The goal is to identify sources of potential energy savings. Your auditor should develop a list of recommendations that will result in substantial energy and operational cost savings. These may include, building envelope improvement and mechanical systems, lighting upgrades, equipment replacement and installation of lighting and HVAC control mechanisms, among others.

A good audit should include information specific to each recommendation which *at least* includes approximate annual energy unit and cost savings, demand reduction, installation cost, lifetime cost savings and information related to cost-effectiveness. This will help to prioritize the recommendations based on their energy efficiency and shortest payback.

The recommendations provided in an energy audit report may reduce facility energy bills by 20% or more in addition to improving occupant health and comfort. Following this report, an energy audit is the next step in realizing the full potential of energy savings opportunities.

- **Request Retro-Commissioning**

Retro-commissioning is a detailed process applied to existing facilities aimed at correcting many of the degradations and inefficiencies that are indicative of older and/or poorly performing buildings. Many older buildings tend to be less comfortable and operate less efficiently when not properly commissioned. Retro-commissioning includes a detailed energy audit and focuses on not only potential energy savings but also the interaction of the building's equipments and mechanical systems with an eye toward restoring it to optimal performance.

In contrast to an energy audit, this optimization focuses on operational improvements to existing equipment, rather than replacement. Apart from energy savings, other improvements and benefits include substantial operation and maintenance (O&M) cost savings, improved air quality, occupant comfort, health and safety, equipment controls, and improved system interactivity.

In addition to providing recommendations, retro-commissioning includes implementation of the recommended improvements and hence the cost for retro-commissioning is higher than an audit. However, when the costs of improvements are added to the energy audit cost, prices may be comparable. If high O&M costs or occupant health, comfort and safety are concerns in addition to reduction in energy use, retro-commissioning may be a suitable strategy.

- **Upgrade Lighting Systems**

Lighting typically accounts for 30-60% of all energy consumed in school buildings. Additionally, the electrical energy consumed by lights during the summer creates heat and increases cooling costs.

Richard Creteau Regional Technology Center's electricity consumption is high compared to other schools in the State. Upgraded lighting systems in high consumption areas like classrooms, gymnasiums, libraries, offices, etc. can reduce these costs, improve the lighting quality and increase occupant comfort and productivity.

Over-lit Spaces: Light levels should be recorded in classrooms and hallways to ensure they are not over-lit, 40-50 foot candles are adequate light levels for an instructional space. If classroom light levels are much higher than 50 foot candles, Richard Creteau Regional Technology Center should consider de-lamping classrooms or installing dimming ballasts, which dim the lights when outdoor light levels are adequate. In over-lit hallway spaces photo sensors can be installed to turn lights off completely when light levels exceed a pre-set threshold.

In over-lit spaces a T8 to Super T8 lighting retro-fit can reduce the number of light fixtures needed. Super T8 lamps use between 4 and 7 Watts less electricity than standard T8 lamps, but they produce more light per Watt. In some cases this increase in light per Watt can allow for the removal of an entire lamp, saving 32 Watts. The room characteristics must be factored in before this type of retro-fit. The shape of the space, ceiling height, color of the walls, etc. all need to be taken into account when exploring a de-lamping project. We recommend that before retro-fitting the entire facility, begin by changing one classroom and monitor the comfort level of the occupants at Richard Creteau Regional Technology Center.

Another proven energy reduction measure with a short payback period is to identify any areas where your school may still be using metal halide lighting. Typically metal halide lights are found in gymnasiums or cafeteria areas, many districts have been very satisfied by replacing these lights with high bay T5 lighting fixtures. In addition to the reduced operational wattage, high bay T5 lights turn on instantly, as opposed to metal halide fixtures which have an extended warm up period. The long warm up period associated with metal halides typically leads to the lights being left on all day, at 250 to 400 watts a fixture; the costs begin to add up. Adding occupancy sensors to high bay T5 fixtures further reduces the payback period.

Occupancy Sensors: We recommend that you explore the use of occupancy sensors to ensure that lights are turned off in unoccupied spaces. Lights controlled by occupancy sensors typically run a third of the time when compared with manually controlled lighting. Reduced runtime leads to decreases in both energy usage and operation and maintenance costs. Additionally, a study conducted in Massachusetts found that controlling the security lighting with occupancy sensors reduced vandalism; neighbors and police recognized something wrong when the lights were on in a building that was typically dark and investigated.

To summarize and add a few ways in which Richard Creteau Regional Technology Center may be able to conserve energy and cost through lighting upgrades is to:

- Design light quantity and quality for the task and occupants' needs in that area.
- Maximize lamp and ballast efficiency.
- Activate the power saving features on office equipment such as copiers, printers and fax machines and ensure that they are turned off at the end of the day.
- Use automatic controls to turn lights off or dim lights in unoccupied spaces.
- Establish a maintenance schedule for group re-lamping and fixture cleaning.
- Replace T12 fixtures with the most efficient fixtures which may include T8/super T8/T5 fixtures.
- Replace incandescent lighting with compact fluorescent technology.

- Replace incandescent exit lighting which consumes 30 Watts with LED type exit lights with 1.5 Watts consumption. LED units last up to 10 years, which is a maintenance advantage.
- Install daylight sensors in areas with significant natural light.
- Install occupancy sensors in areas that are often unoccupied.
- Lighting retrofits reduce maintenance costs associated with lighting that is close to end of life.
- Establish a regular cleaning schedule particularly for areas where student safety of low light levels may be a concern, such as shop classes.
- Look to make lamp and fixture selection as uniform as possible to reduce maintenance and inventory overhead.
- Educate students and staff to turn off lights when rooms are unoccupied.

Lighting upgrades seek to reduce the connected electrical load (kW) and energy consumption (kWh) of lighting equipment. Lighting controls can also significantly reduce operating hours and costs by turning off lighting when spaces are unoccupied or sufficiently lit by natural light.

- **Install NEMA Premium Motors and VFDs**

Commercial and industrial electric motor-driven systems consume approximately 23% of all electricity in the U.S., making it the single largest category contributor to electric use in the country. With very high operating hours, the annual energy cost to run a system is more than its installation cost. Even a small increase in the efficiency of an electric motor can result in substantial energy cost savings. Typical opportunities for motor upgrades in schools include: ventilation fans, and heating and cooling system pumps and fans.

Motors with efficiency up to 90% are available to replace the older ones with efficiency less than 75%. Although standards for efficiency of new equipment are set by the Energy Policy Act, motor efficiency can be further increased by selecting Premium Efficiency motors as specified by the National Electrical Manufacturers Association (NEMA). This can cut the electric motor system demand by as much as 18%.

Savings can be increased further by optimizing system performance through the use of variable frequency drives (VFDs). When system load is known to vary substantially, these flow control systems can be utilized to match system output to system demand, significantly reducing energy usage during partial load hours. By employing high-efficiency motors and VFDs, facility owners can improve environmental conditions, utilize better control of motor-driven processes, and reduce waste output.

- **Install Demand Control Ventilation**

Demand control ventilation (DCV) monitors indoor air CO₂ content as a result of occupancy production levels and uses this data to regulate the amount of outdoor air that is permitted for ventilation. In order to ensure adequate air quality, standard ventilation systems permit outside air based on estimated occupancy levels in CFM, cubic feet per minute/occupant. However, during low occupancy hours, the space may become over ventilated due to decreased CO₂ levels and unnecessary ventilation results in wasted energy. DCV reduces unnecessary outdoor air intake by regulating ventilation based on actual CO₂ levels, saving energy. DCV is most suited for areas where occupancy levels are known to fluctuate considerably such as auditoriums, cafeterias, and gymnasiums.

Install Energy Recovery Ventilators. According to energy recovery equipment manufacturer's typical paybacks are less than 5 years for schools without cooling. The keys to success with ventilation retrofits are going with fewer larger units with long run hours as opposed to several small units with limited run time. Equipment with moisture recovery capabilities would cut humidity up to 50% during the cooling season.

- **Improve/Replace Inefficient Heating Systems**

Replacing an old boiler that is < 70% efficient with a modern 85-90% efficient natural gas-fired furnace alone will reduce heating costs by 15-20%. This combined with additional system improvements and installation of advanced HVAC control mechanisms can result in up to 20%+ heating load reduction.

Because of the high capital cost of new heating systems, some financial analysis should be performed to assess the cost-effectiveness of immediate replacement. If the current system is fairly new, replacement may not be immediately justifiable from a financial standpoint. However, as is the case with cooling systems, early replacement may prove to be a more cost-effective solution than waiting until existing systems fail or reach the end of their estimated useful life.

- **Improve/Replace Inefficient Air Conditioning Systems**

The useful life of a rooftop A/C unit is generally 12-18 years. However, depending on the efficiency, early replacement of outdated, inefficient, split, or packaged rooftop air conditioning units with new A/C systems that are 15% more efficient than 10-15 year old equipments can considerably reduce annual energy consumption. The energy cost savings and maintenance savings offset the high installation cost of a more efficient system. Installing thermostats and/or economizers on new or existing A/C systems will further reduce the cooling demand.

Economizers provide "free" cooling by using controllable dampers that bring in outside air to cool the space when the outdoor temperature or enthalpy is below the building's return air conditions. Although they require operation by a well calibrated and maintained control system, economizers have impressive energy-saving capabilities.

Install Occupancy Controlled/Programmable Thermostats

Combining efficient HVAC equipment with occupancy controlled and programmable thermostats can save a facility up to 10% of its annual heating and cooling costs:

- Areas with unpredictable occupancy on a daily/weekly basis - gym, bathrooms, outdoors: Use an *occupancy controlled thermostat* - a thermostat paired with a sensor and/or door detector to identify movement/occupancy. If occupancy is sensed by the sensor, the thermostat goes into an occupied mode (i.e. programmed set point). If a pre-programmed time frame elapses (i.e. 30 minutes) and no occupancy is sensed during that time, the thermostat goes into an unoccupied mode (e.g., setback set point or off) until occupancy is sensed again. This reduces the overall time the heating or cooling system is running, saving energy.
- Areas with predictable occupancy: e.g.: classrooms, cafeteria, offices: A *programmable thermostat* is recommended. This device is programmed on a schedule to reduce the heating or cooling output of the facility's HVAC systems in relation to its predetermined occupancy schedule. In this way, the thermostat acts to set-back or set-up the facility temperature during unoccupied hours, and re-establish a comfortable facility temperature during business hours. By employing programmable thermostat technology, the heating and cooling system demand coincides with occupancy level, reducing energy usage.

- **Install Vending Misers on Vending Machines**

Vending misers for refrigerated and non-refrigerated vending machines is an often overlooked source of potential savings. Uncontrolled, vending machine lights remain on 24/7, consuming a constant amount of energy year round. By controlling these lights with an occupancy sensor, energy consumption attributed to vending machines can be reduced considerably, in many cases, by as much as 50% and can save up to \$150 per machine per year.

In the case of refrigerated vending machines, electric demand can be further reduced by controlling the machines' refrigeration systems. In a manner similar to programmable thermostats, vending misers for refrigerated machines act on a pre-set occupancy schedule to allow a marginal increase in operating temperature during non-business hours. Although products in the machine are delivered to the customer at the same temperature as in an uncontrolled vending machine, products are not being cooled unnecessarily when the machine is not in use, significantly reducing the machine's energy consumption. Because of the relatively low vending miser installation cost and high operating hours of vending machines, this improvement is typically cost-effective with a very short payback period.

- **Install ENERGY STAR® Rated Equipment / Plug Load Control**

Plug loads (computers, televisions, coffee makers, etc.) account for, on average, about 10% of total energy consumption. One of the easiest and most cost-effective energy saving strategies is the reduction of electric usage through installation of efficient appliances and the control of plug loads. In addition to utilizing ENERGY STAR® qualified appliances, greater savings can be realized through the various devices available that control every day plug loads.

By connecting non-critical loads (coffee makers, fans, microwave ovens, etc.) to an occupancy or timer controlled power strip, significant energy savings can be achieved. These savings result not only from the neglect of the user to turn the device off manually, but also from reduction of “phantom load”. Phantom load is the small but constant energy draw from many plug-in devices when not in use. By connecting certain appliances to an occupancy controlled power strip, phantom load can be eliminated by cutting power supply to those devices. When replacing or ordering new equipment, emphasize ENERGY STAR® devices when they are available. Also, purchase controlled power strips and connect appropriate devices to those strips to reduce unnecessary consumption due to phantom load and appliances left on. The EPA offers free computer power management software which has saved some districts as much as \$75 per computer per year, the software can be found at http://www.energystar.gov/index.cfm?c=power_mgt.pr_power_mgt_low_carbon_join.

IV. Resources:

The State of New Hampshire along with the utility companies offer multiple programs designed to improve the energy efficiency of schools through financial incentives and technical support, including:

Northeast Energy Efficiency Partnerships:

- **Northeast Collaborative for High Performance Schools (NE-CHPS)**
NE-CHPS is a set of building and design standards for all schools from pre-K through community colleges tailored specifically for NH state code requirements, the New England climate, and the environmental priorities of the region. NH Department of Education offers up to a 3% reimbursement for New Construction School projects. To learn more about NE-CHPS and incentive programs please visit: <http://neep.org/public-policy/hpse/hpse-nechps>.

New Hampshire Public Utilities Commission:

- **New Hampshire Pay for Performance**
This program addresses the energy efficiency improvement needs of the commercial and industrial sector. The Program is implemented through a network of qualified Program Partners. Incentives will be paid out on the following three payment schedule: Incentive #1: Is based on the area of conditioned space in square feet. Incentive #2: Per/kWh saved and Per/MMBTU saved based on projected savings and paid at construction completion. Incentive #3: Per/kWh saved and Per/MMBTU saved based on actual energy savings performance one year post construction. Total performance incentives (#2 and #3) will be capped at \$200,000 or 50% of project cost on a per project basis. For more information visit <http://nhp4p.com>.
- **New Hampshire Public Utilities Commission’s Renewable Energy Rebates**
The Sustainable Energy Division provides an incentive program for solar electric (photovoltaic or PV) arrays and solar thermal systems for domestic hot water, space and process heat, with a capacity of 100 kW or equivalent thermal output or less. The rebate for PV systems as follows: \$1.00 per Watt, capped at 25% of the costs of the system or \$50,000, whichever is less. For solar hot water (SHW) systems, the base rebate is \$0.07 per rated or modeled kBtu/year, capped at 25% of the cost of the facility or \$50,000, whichever is less, as a one-time incentive payment. <http://www.puc.state.nh.us/Sustainable%20Energy/RenewableEnergyRebates-CI.html>.

New Hampshire Community Development Finance Authority:

- **New Hampshire Community Development Finance Authority Revolving Loan Fund**

The Enterprise Energy Fund is a low-interest loan and grant program available to businesses and nonprofit organizations to help finance energy improvements and renewable energy projects in their buildings. The loans will range from \$10,000 to \$500,000. Larger amounts will be considered on a case by case basis. The program is available to finance improvements to the overall energy-efficiency performance of buildings owned by businesses and nonprofits, thereby lowering their overall energy costs and the associated carbon emissions. More information about the program can be found on their website www.nhcdfa.org. These activities may include:

- Improvements to the building's envelope, including air sealing and insulation in the walls, attics and foundations;
- Improvements to HVAC equipment and air exchange;
- Installation of renewable energy systems;
- Improvements to lighting, equipment, and other electrical systems; and
- Conduction of comprehensive, fuel-blind energy audits.

Public Service of New Hampshire (PSNH):

- **Commercial (Electric) Energy Efficiency Incentive Programs**

This program targets any commercial/industrial member building a new facility, undergoing a major renovation, or replacing failed (end-of-life) equipment. The program offers prescriptive and custom rebates for lighting and lighting controls, motors, VFDs, HVAC systems, chillers and custom projects. <http://www.psnh.com/SaveEnergyMoney/For-Business/Energy-Saving-Programs-and-Incentives.aspx>

- **SmartSTART**

The SmartSTART (Savings Through Affordable Retrofit Technologies) advantage is simple - pay nothing out of pocket to have energy efficiency products and services installed in your building. The Smart Start program is limited to PSNH's municipal customers only and includes schools. The program is available on a first-come, first served basis to projects which have been pre-qualified by PSNH. The cost of the improvements is fronted by PSNH which is then repaid over time by the municipality or school using the savings generated by the products themselves! This program is for lighting and lighting controls, air sealing, insulation and other verifiable energy savings measures which have sufficient kilowatt-hour savings. For more information on this program visit:

<http://www.psnh.com/SaveEnergyMoney/For-Business/Municipal-Smart-Start-Program.aspx>

- **Schools Program**

For major renovation or equipment replacement projects, this program offers prescriptive and custom rebates for energy efficient lighting, motors, HVAC, chillers, and variable frequency drives to towns or cities that install energy efficient equipment at their schools. Financial incentives are available for qualifying energy efficient equipment. Technical assistance is also offered through the Schools Program. <http://www.psnh.com/SaveEnergyMoney/Large-Power/Schools-Program.aspx>

Unitil:

- **Commercial and Industrial Energy Efficiency Programs**

Subject to program qualifications and availability of funding - Unitil offers different programs for its commercial, industrial, and institutional customers in New Hampshire: the Small Business Energy Efficiency Program, the Small Commercial and Industrial Program, the Large Commercial and Industrial Program, the Large Commercial and Industrial (C&I) Retrofit Program, and the Large C&I New Construction Program. Rebates are available for various technologies including water heaters, lighting, lighting controls/sensors, chillers, furnaces, boilers, central air conditioners, compressed air, programmable thermostats, energy management systems/building controls, motors, motor VFDs, processing and manufacturing equipment, LED exit signs, commercial cooking and refrigeration equipment. <http://www.unitil.com/>.

Clean Air – Cool Planet:

- **Community Energy Efficiency**

CA-CP works with communities throughout the Northeast to find solutions to climate change and build constituencies for effective climate policies and actions. Much of their work focuses on successful models for energy efficiency and renewable energy planning. They advise and partner with citizens, educators, faith groups, small businesses, municipal governments, and other local leaders. They explore cost-effective opportunities that exist for communities to reduce their emissions as well as their vulnerability to climate impacts. One such example is CA-CP's partnership with the University of NH, NH Sustainable Energy Association and UNH Cooperative Extension to create www.myenergyplan.net, a groundbreaking suite of web and outreach tools for individual action used by households, schools and community groups around the northeast. http://www.cleanair-coolplanet.org/for_communities/index.php.

Environmental Protection Agency (EPA):

- **ENERGY STAR Challenge for Schools**

EPA is challenging school administrators and building managers to improve energy efficiency throughout their facilities. More than 500 school districts across the country are helping to fight climate change by committing to reducing their energy use with help from ENERGY STAR. Schools that take the ENERGY STAR Challenge can use energy tracking tools, technical guidance, case studies and other ENERGY STAR tools and resources to help them improve their energy efficiency. More information can be found at:

<http://yosemite.epa.gov/opa/admpress.nsf/d985312f6895893b852574ac005f1e40/d74f768ecfa9e11f8525762500522260!OpenDocument>

For additional assistance in helping you save money and improve school conditions, please call TRC at (603) 766-1913 or (877) 442-9181.